



Laois
Athletics

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NISSAN

2016 LAOIS COUNTY CHAMPIONSHIPS COMBINED RESULTS

COUNTY ROAD RACES

INDOORS T & F

TRACK & FIELD

CROSS COUNTRY

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LAOIS COUNTY ROAD RACE CHAMPIONSHIPS 2016

GIRLS U-10 300m (NON CHAMPIONSHIP)

Pos.	No.	ATHLETES NAME	CLUB	TIME	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
					1	2	3	4			
1		Eabha Kehoe	St. Abbans	1.02							
2		Jessica Murray	St. Abbans	1.03							
3		Ellie Boland	Mountmellick	1.04							
4		Cara English	St. Abbans	1.04							
5		Heidi Hackett	St. Michaels	1.10							
6		Mary Boland	Oughaval	1.11							
7		Serin Roberts	Oughaval	1.14							
8		Amy Kennedy	Oughaval	1.14							
9		Caoimhe Brennan	St. Abbans	1.17							
10		Aoibhin Brennan	St. Abbans	1.18							
11		Charlotte Fee	Oughaval	1.23							
12		Isabella Murphy	Oughaval	1.25							
13		Rebecca Murphy	Oughaval	1.27							

BOYS U-10 300m (NON CHAMPIONSHIP)

TEAM SCORES

Pos.	No.	ATHLETES NAME	CLUB	TIME					WINNING CLUBS	POINTS	PLACE
					1	2	3	4			
1		Zack Devane	Mountmellick	1.04							
2		Cillian Whearty	Oughaval	1.04							
3		Aaron Floody	Oughaval	1.05							
4		Caylem McEvoy	Oughaval	1.09							
5		Tadhg Roberts	Oughaval	1.15							
6		Harrison Marshall	Portlaoise	1.17							
7		Ethan Kennedy	Oughaval	1.30							

GIRLS U-13 600m (NON CHAMPIONSHIP)

Pos.	No.	ATHLETES NAME	CLUB	TIME	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
					1	2	3	4			
1	781	Seoighe English	St. Abbans	1.57							
2	753	Faye McEvoy	Ballyroan Abbeyleix & District	2.02							
3	639	Audrey Byrne	St. Abbans	2.10							
4	778	Poppy Hackett	St. Michaels	2.11							
5	770	Jade Coogan	St. Michaels	2.12							
6	788	Aoibhin McDonald	St. Abbans	2.13							
7	785	Kate Connolly	St. Michaels	2.14							
8	637	Sarah Sheeran	Ballyroan Abbeyleix & District	2.29							
9	783	Rebecca Marshall	Portlaoise	2.30							
10	757	Ava Foley	Oughaval	2.46							
11	776	Emma Murphy	Oughaval	2.54							
12	777	Rebecca Murphy	Oughaval	3.28							

BOYS U-13 600m (NON CHAMPIONSHIP)

TEAM SCORES

Pos.	No.	ATHLETES NAME	CLUB	TIME					WINNING CLUBS	POINTS	PLACE
					1	2	3	4			
1		Jack Fenlon	St. Abbans	1.55							
2		Adam Buggie	St. Abbans	1.58							
3		Blake Kemmy	Oughaval	2.01							
4		Evan English	St. Abbans	2.05							
5		Shane Buggie	St. Abbans	2.07							
6		Lee Murray	St. Abbans	2.08							
7		Mark Carroll	Portlaoise	2.16							
8		Aaron Foley	Oughaval	2.23							
9		Benjamin Kuky	Ballyroan Abbeyleix & District	2.47							

GIRLS U-16 1K (NON CHAMPIONSHIP)

					TEAM SCORES						
Pos.	No.	ATHLETES NAME	CLUB	TIME	1	2	3	4	WINNING CLUBS	POINTS	PLACE
1	771	Orla Fennelly	Oughaval	3.29							
2	784	Rebecca Balfe	Emo/Rath	3.33							
3	791	Jade O'Carroll	Ballyroan Abbeyleix & District	4.08							
4	779	Sarah Tuohy	Oughaval	4.44							
5	782	Grace Scully	Oughaval	4.52							
6	793	Chloe Woods	Oughaval	5.41							



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Laois County Novice Road Championships

21st February 2016

Hosted by: Oughaval AC Venue: Vicarstown

BOYS U-16 1K (NON CHAMPIONSHIP)

TEAM SCORES

Pos.	No.	ATHLETES NAME	CLUB	TIME					WINNING CLUBS	POINTS	PLACE
					1	2	3	4			
1		Cathal Connaughton	Oughaval	3.00							
2		Eddie Allen	Emo/Rath	3.04							
3		Tom Buggy	St. Abbans	3.23							
4		Jack Fennelly	Oughaval	3.36							
5		Charlie Hackett	St. Michaels	3.41							
6		Ben Holden	Mountmellick	3.59							

GIRLS U-19 1.4K (NON CHAMPIONSHIP)

Pos.	No.	ATHLETES NAME	CLUB	TIME	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
					1	2	3	4			
1		Caitlin McDarby	St. Michaels	5.10							
2		Niamh McDonald	Ballyroan Abbeyleix & District	5.19							
3		Sarah Delaney	Ballyroan Abbeyleix & District	5.44							
4		Amy Walsh	Portlaoise	6.02							

BOYS U-19 1.4K (NON CHAMPIONSHIP)

Pos.	No.	ATHLETES NAME	CLUB	TIME	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
					1	2	3	4			
1		Cian Kelly	St. Abbans	4.17							
2		Cathal Grennan	Rosenallis Kilcavan	4.32							
3		Cian McDonald	Ballyroan Abbeyleix & District	4.36							
4		Adam Holden	Mountmellick	4.42							

NOVICE LADIES 3K

Pos.	No.	ATHLETES NAME	CLUB	TIME	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
					1	2	3	4			
1	705	Lisa Murphy	St. Michaels	11.15					PORTLAOISE Niamh Quinn Patricia Cuddy Gemma Kelly Nora McGrath	32	1st
2	663	Niamh Quinn	Portlaoise	11.28							
3	666	Kate McDonald	Ballyroan Abbeyleix & District	12.23							
4	650	Sandra Fitzpatrick	Ballyroan Abbeyleix & District	12.37							
5	668	Caitriona McDonald	St. Abbans	12.49					ST. MICHAELS Lisa Murphy Gwen LaCumbre Grainne Murphy Teresa Broughal	33	2nd
6	706	Patricia Cuddy	Portlaoise	12.58							
7	710	Margo Dowling	St. Abbans	12.59							
8	670	Gwen LaCumbre	St. Michaels	13.01							
9	669	Grainne Murphy	St. Michaels	13.12					ST. ABBANS Caitriona McDonald Margo Dowling Sharon Buggie Elaine Connolly	38	3rd
10	767	Sharon Buggie	St. Abbans	13.18							
11	667	Gemma Kelly	Portlaoise	13.21							
12	792	Agnes Fennelly	Ballyroan Abbeyleix & District	13.28							
13	641	Nora McGrath	Portlaoise	13.31							
14	707	Maura Cuddy	Portlaoise	13.40							
15	712	Teresa Broughal	St. Michaels	13.45							
16	727	Elaine Connolly	St. Abbans	13.48							
17	665	Mary Boylan	St. Abbans	13.52							
18	658	Frances Lalor	Portlaoise	14.00							
19	699	Kate Bermingham	St. Abbans	14.18							
20	766	Carol Brennan	St. Abbans	14.21							
21	794	Olwyn Larkin	Portlaoise	14.31							
22	708	Ama Duggan	Portlaoise	14.35							
23	768	Julieka Cahill	Portlaoise	14.41							

NOVICE LADIES 3K CONTINUED

Pos.	No.	ATHLETES NAME	CLUB	TIME	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
					1	2	3	4			
24	711	Deidre Brennan	St. Abbans	14.47							
25	662	Karen Connolly	Oughaval	14.59							
26	657	Aoife O'Malley	Portlaoise	15.06							
27	647	Lucy Dunne	Portlaoise	15.19							
28	796	Martina Peacock	Ballyroan Abbeyleix & District	15.23							
29	659	Ursula O'Malley	Portlaoise	15.46							
30	797	Michelle Harvey	Ballyroan Abbeyleix & District	15.54							
31	795	Olive Maher	Portlaoise	16.16							
32	713	Aoife Grennan	Rosenallis Kilcavan	16.40							
33	660	Nuala Arrigan	Portlaoise	17.00							
34	661	Fiona Fenlon	Oughaval	17.07							
35	698	Lorna Tuohy	Oughaval	17.23							
36	664	Carmel Hughes	St. Abbans	17.48							
37	674	No name Listed		19.27							
38	643	Orla Fee	Oughaval	21.59							
39	644	Mags Luttrell	Oughaval	22.16							

NOVICE MENS 6K

					TEAM SCORES						
Pos.	No.	ATHLETES NAME	CLUB	TIME	1	2	3	4	WINNING CLUBS	POINTS	PLACE
1		Colin Maher	Ballyfin	18.42					<u>PORTLAOISE</u> Tom Lupton Ruben Barroso Patrick Marshall Paul Cuddy	26	1st
2		Tom Dunne	Ballyroan Abbeyleix & District	20.28							
3		Aintoin O'Comraidhe	St. Michaels	20.28							
4		Tom Lupton	Portlaoise	20.59							
5		David Sweeney	St. Michaels	21.03					<u>ST. MICHAELS</u> Aintoin O'Comraidhe David Sweeney Cein Fitzpatrick Aidan McGee	42	2nd
6		Ruben Barroso	Portlaoise	21.11							
7		Patrick Marshall	Portlaoise	21.16							
8		Colin Coyne	St. Abbans	21.24							
9		Paul Cuddy	Portlaoise	21.40					<u>BALLYROAN ABBEYLEIX</u> Tom Dunne Noel Burke Paul Burke MJ Lawlor	51	3rd
10		Cein Fitzpatrick	St. Michaels	21.42							
11		Ritchie Reid	Portlaoise	21.52							
12		Ronan Devoy	Portlaoise	21.53							
13		Noel Burke	Ballyroan Abbeyleix & District	21.57							
14		James Nolan	St. Abbans	22.19							
15		Liam Byrne	St. Abbans	22.32							
16		Peadar Owens	St. Abbans	22.40							
17		Paul Burke	Ballyroan Abbeyleix & District	23.03							
18		Geoffrey Kennedy	St. Abbans	23.05							
19		MJ Lawlor	Ballyroan Abbeyleix & District	23.11							
20		Niall English	St. Abbans	23.13							
21		Peter Baldwin	St. Abbans	23.22							
22		Fergal Doyle	St. Abbans	23.27							
23		John Sourke	St. Abbans	23.36							

NOVICE MENS 6K CONTINUED

Pos.	No.	ATHLETES NAME	CLUB	TIME	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
					1	2	3	4			
24		Aidan McGee	St. Michaels	23.40							
25		Frances Fleming	St. Abbans	23.58							
26		Michael O'Connor	St. Abbans	24.12							
27		Joe Walsh	Portlaoise	24.26							
28		Paul McDonald	St. Abbans	24.29							
29		Trevor Percy	Portlaoise	24.34							
30		Mike McCarthy	Ballyfin	24.41							
31		Kevin Mulpeter	St. Michaels	24.48							
32		David McCabe	Ballyfin	25.12							
33		Alvin Duggan	St. Michaels	26.10							
34		Anthony Mulpeter	St. Michaels	26.20							
35		Stephen Whearty	Oughaval	26.25							
36		Alex McDonald	Portlaoise	26.29							
37		Dinny Whelan	St. Abbans	31.08							

GIRLS U-9 200m (NON CHAMPIONSHIP)

					TEAM SCORES						
Pos.	No.	ATHLETES NAME	CLUB	TIME	1	2	3	4	WINNING CLUBS	POINTS	PLACE
1	133	Cara English	St. Abbans								
2	70	Emma Jane Cuddy	Portlaoise								
3	69	Sarah Managan	Rosenallis Kilcavan								
4	123	Seren Roberts	Oughaval								
5	139	Kirsten Murphy	St. Michaels								
6	141	Heidi Hackett	St. Michaels								
7	135	Mary Kate Corcoran	St. Michaels								
8	65	Ava Kelly	Ballyroan Abbeyleix & District								
9	138	Sophie McEvoy	Rosenallis Kilcavan								

BOYS U-9 200m (NON CHAMPIONSHIP)

Pos.	No.	ATHLETES NAME	CLUB	TIME	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
					1	2	3	4			
1	130	Daniel Downey	Portlaoise								
2	73	Fionn Cuddy	Portlaoise								
3	74	Zack Devane	Mountmellick								
4	27	Darragh Grehan	Rosenallis Kilcavan								
5	71	Ryan Lee	Mountmellick								
6	64	Eoghan Lalor	Rosenallis Kilcavan								
7	68	Fionn O'Neill	Ballyroan Abbeyleix & District								
8	134	Killian Buggy	St. Abbans								
9	75	Jack Keenan	Ballyfin								
10	67	Jamie Leamy	Mountmellick								
11	136	Tadhg Roberts	Oughaval								
12	137	Charlie McEvoy	Rosenallis Kilcavan								
13	140	Luke Dunne	Oughaval								
14	66	David Kelly	Ballyroan Abbeyleix & District								
15	131	Jack Downey	Portlaoise								

GIRLS U-12 400m (NON CHAMPIONSHIP)

Pos.	No.	ATHLETES NAME	CLUB	TIME	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
					1	2	3	4			
1	113	Faye McEvoy	Ballyroan Abbeyleix & District								
2	98	Amy Hyland	Rosenallis Kilcavan								
3	93	Audrey Byrne	St. Abbans								
4	126	Poppy Hackett	St. Michaels								
5	95	Sarah Coyle	Mountmellick								
6	89	Lucy Conroy	Rosenallis Kilcavan								
7	90	Kate Connolly	St. Michaels								
8	99	Grace Meade	Portlaoise								
9		Evanna Ryle	Rosenallis Kilcavan								
10	94	Caoimhe Cuddy	Portlaoise								
11	96	Chelsea Lee	Mountmellick								
12	112	Emily Hughes	Rosenallis Kilcavan								
13	125	Ellen Dunne	Oughaval								
14	116	Niamh Peake	Rosenallis Kilcavan								
15	100	Aoife Cuddy	Portlaoise								
16	121	Rebecca Marshall	Portlaoise								
17	115	Ellie Boland	Mountmellick								
18	97	Torrie Lee	Mountmellick								
19	117	Ellen Deegan	Oughaval								

BOYS U-12 400m (NON CHAMPIONSHIP)

Pos.	No.	ATHLETES NAME	CLUB	TIME	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
					1	2	3	4			
1	119	Adam Buggy	St. Abbans								
2	84	Rory Lalor	Rosenallis Kilcavan								
3	122	Tom Corcoran	St. Michaels								
4	91	Cathal McEvoy	Rosenallis Kilcavan								
5	120	Cathal Robertson	Ballyfin								
6	114	Peter Doyle	Rosenallis Kilcavan								
7	127	Aaron Tarpey	Rosenallis Kilcavan								
8	124	Andy Murphy	St. Michaels								
9	92	Timmy Byrne	St. Abbans								
10	118	Jack Fennell	Portlaoise								
11	72	No Name									

GIRLS U-15 600m (NON CHAMPIONSHIP)

Pos.	No.	ATHLETES NAME	CLUB	TIME	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
					1	2	3	4			
1	104	Niamh McDonald	Ballyroan Abbeyleix & District								
2	109	Seoighe English	St. Abbans								
3	86	Ellen Conroy	Rosenallis Kilcavan					Joint 3rd Position			
3	106	Sarah Delaney	Ballyroan Abbeyleix & District					Joint 3rd Position			
5	85	Dearbhail Cuddy	Ballyfin								
6	88	Leah Tarpey	Rosenallis Kilcavan								
7	105	Isobel Churchouse	Ballyroan Abbeyleix & District								
8	110	Emma McCann	Rosenallis Kilcavan								
9	103	Jade Carroll	Ballyroan Abbeyleix & District								
10	107	Emma Griffin	Rosenallis Kilcavan								
11	108	Clodagh Lalor	Rosenallis Kilcavan								

BOYS U-15 600m (NON CHAMPIONSHIP)

Pos.	No.	ATHLETES NAME	CLUB	TIME	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
					1	2	3	4			
1	101	Ronan Hyland	Rosenallis Kilcavan								
2	87	Jimmy Hyland	Rosenallis Kilcavan								
3	111	Charlie Hackett	St. Michaels								
4	1	Ben Holden	Mountmellick								
5	102	Jake Coss	Mountmellick								

GIRLS U-17 1K (NON CHAMPIONSHIP)

TEAM SCORES

Pos.	No.	ATHLETES NAME	CLUB	TIME	1	2	3	4	WINNING CLUBS	POINTS	PLACE
1	35	Orla Fennelly	Oughaval								
2	165	Sarah McCann	Ballyroan Abbeyleix & District								
3	30	Rebecca Balfe	Emo Rath								

GIRLS U-19 1K (NON CHAMPIONSHIP)

Pos.	No.	ATHLETES NAME	CLUB	TIME	1	2	3	4	WINNING CLUBS	POINTS	PLACE
1	33	Amy Walsh	Portlaoise								
2	164	Charlie Walsh	Portlaoise								
3	166	Kelly McMahon	Ballyroan Abbeyleix & District								

BOYS U-17 1K (NON CHAMPIONSHIP)

TEAM SCORES

Pos.	No.	ATHLETES NAME	CLUB	TIME	1	2	3	4	WINNING CLUBS	POINTS	PLACE
1	31	Adam Holden	Mountmellick								
2	34	Cathal Connaughton	Oughaval								
3	168	Cian McDonald	Ballyroan Abbeyleix & District								
4	29	Eddie Allen	Emo Rath								
5	167	Thomas Dunne	Ballyfin								
6	28	Niall Egan	St. Abbans								

BOYS U-19 1K (NON CHAMPIONSHIP)

Pos.	No.	ATHLETES NAME	CLUB	TIME	1	2	3	4	WINNING CLUBS	POINTS	PLACE
1	32	Fionn Marum	Portlaoise								

INTERMEDIATE LADIES 3K

Pos.	No.	ATHLETES NAME	CLUB	TIME	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
					1	2	3	4			
1	50	Niamh Quinn	Portlaoise	10.57					BALLYROAN ABBEYLEIX Kate McDonald Jean Mcevoy Breda McDonald Siobhan Burke	14	1st
2	59	Kate McDonald	Ballyroan Abbeyleix & District	11.22							
3	48	Jean McEvoy	Ballyroan Abbeyleix & District	11.30							
4	57	Breda McDonald	Ballyroan Abbeyleix & District	11.36							
5	172	Siobhan Burke	Ballyroan Abbeyleix & District	12.10					PORTLAOISE "A" Niamh Quinn Patricia Cuddy Ann Hogan Norah McGrath	25	2nd
6	47	Patricia Cuddy	Portlaoise	12.12							
7	61	Ann Hogan	Portlaoise	12.19							
8	63	Lynda Fay	St. Abbans	12.20							
9	37	Agnes Fennelly	Ballyroan Abbeyleix & District	12.24					PORTLAOISE "B" Frances Lalor Maria Cuddy Anna Duggan Olwyn Larkin	62	3rd
10	56	Sharon Buggy	St. Abbans	12.33							
11	55	Norah McGrath	Portlaoise	12.42							
12	45	Ciara Butler	Ballyroan Abbeyleix & District	12.47							
13	51	Kate Birmingham	St. Abbans	12.54							
14	52	Frances Lalor	Portlaoise	13.07							
15	46	Maria Cuddy	Portlaoise	13.16							
16	53	Anna Duggan	Portlaoise	13.22							
17	49	Olwyn Larkin	Portlaoise	13.50							
18	62	Aoife O'Malley	Portlaoise	14.05							
19	54	Julieka Cahill	Portlaoise	14.08							
		GUESTS									
	60	Aoibheann Lalor	Rosenallis Kilcavan	11.32							
	58	Aine McDonald	Ballyroan Abbeyleix & District	13.40							

INTERMEDIATE MENS 6K

					TEAM SCORES						
Pos.	No.	ATHLETES NAME	CLUB	TIME	1	2	3	4	WINNING CLUBS	POINTS	PLACE
1	16	Colin Maher	Ballyfin	18.26					<u>PORTLAOISE "A"</u> Cyril Cuddy James Hamm Patrick Marshal Ruben Barroso	17	1st
2	2	Cyril Cuddy	Portlaoise	19.48							
3	21	Tom Dunne	Ballyroan Abbeyleix & District	19.52							
4	38	James Hamm	Portlaoise	19.55					<u>PORTLAOISE "B"</u> Eoghan Power Paul Cuddy Trevor McCormack Richie Reid	40	2nd
5	17	Patrick Marshal	Portlaoise	20.24							
6	9	Ruben Barroso	Portlaoise	20.36							
7	18	Colm Coyne	St. Abbans	20.45					<u>BALLYFIN</u> Colin Maher Shane Delaney Ciaran Keenan Liam Buggy	48	3rd
8	15	Eoghan Power	Portlaoise	20.56							
9	42	Paul Cuddy	Portlaoise	20.58							
10	7	Trevor McCormack	Portlaoise	21.01							
11	24	James Nolan	St. Abbans	21.11							
12	40	Noel Burke	Ballyroan Abbeyleix & District	21.20							
13	10	Richie Reid	Portlaoise	21.25							
14	171	Shane Delaney	Ballyfin	21.35							
15	8	Ronan Doyoy	Portlaoise	21.36							
16	13	Ciaran Keenan	Ballyfin	21.41							
17	19	Liam Buggy	Ballyfin	21.42							
18	43	Liam Byrne	St. Abbans	21.48							
19	3	Connor Barry	St. Abbans	21.50							
20	26	Padar Owens	St. Abbans	22.10							
21	23	Paul Burke	Ballyroan Abbeyleix & District	22.20							
22	22	MJ Lalor	Ballyroan Abbeyleix & District	22.35							
23	12	Nial English	St. Abbans	22.41							

INTERMEDIATE MENS 6K CONTINUED

					TEAM SCORES						
Pos.	No.	ATHLETES NAME	CLUB	TIME	1	2	3	4	WINNING CLUBS	POINTS	PLACE
24	36	John Kirwan	Ballyroan Abbeyleix & District	22.55							
25	169	Michael O'Connor	St. Abbans	23.00							
26	5	Francis Flemming	St. Abbans	23.07							
27	44	Séan Maher	Ballyroan Abbeyleix & District	23.24							
28	11	Joe Walsh	Portlaoise	23.40							
29	6	Michael McCarthy	Ballyfin	24.18							
30	20	Paul Dunne	Ballyfin	24.40							
31	14	David McCabe	Ballyfin	25.05							
32	41	Anthony Mulpeter	St. Michaels	26.12							
33	25	Aidan O'Connor	Portlaoise	29.04							
		GUESTS									
	39	Cathal Grennan	Rosenallis Kilcavan	22.05							

GIRLS U-9 400m (NON CHAMPIONSHIP)

Pos.	No.	ATHLETES NAME	CLUB	TIME	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
					1	2	3	4			
1	345	Cara English	St. Abbans	1.30							
2	425	Heidi Hackett	St. Michaels	1.32							
3	416	Emma Jane Cuddy	Portlaoise	1.39							
4	429	Seren Roberts	Oughaval	1.40							
5	430	Anna Maquire	Oughaval	1.41							
6	421	Mary Kate Corcoran	St. Michaels	1.42							
7	347	Sarah Leah Harkan	St. Michaels	1.45							
8	351	Holly Mc Auliffe	St. Michaels	1.46							
9	424	Emily O'Reilly	St. Abbans	2.38							

BOYS U-9 400m (NON CHAMPIONSHIP)

Pos.	No.	ATHLETES NAME	CLUB	TIME	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
					1	2	3	4			
1	356	Leon Delaney	Oughaval	1.25							
2	190	Fionn Cuddy	Portlaoise	1.26							
3	327	Conor McCaul	Oughaval	1.27							
4	335	Oran O'Reilly	St. Michaels	1.28							
5	178	Adam Murray	Oughaval	1.29							
6	353	Eolana Maguire	Oughaval	1.30							
7	325	Aaron Floody	Oughaval	1.36							
8	350	Séan Mc Auliffe	St. Michaels	1.38							
9	352	Mark Mc Auliffe	St. Michaels	1.39							
10	333	Ruairc Marum	Portlaoise	1.40							
11	348	James Kovar	St. Abbans	1.41							
12	355	Alex Johnson	Oughaval	1.43							
13	349	Tadgh Roberts	Oughaval	1.47							
14	354	Ciaran Dunne	Oughaval	1.47							
15	340	Luke Dunne	Oughaval	1.47							
16	180	Jake Murray	Oughaval	1.52							



Laois County Senior Road Race Championships
3rd April 2016
Venue: Vicarstown

GIRLS U-11 400m (NON CHAMPIONSHIP)

Pos.	No.	ATHLETES NAME	CLUB	TIME	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
					1	2	3	4			
1	417	Caoimhe Cuddy	Portlaoise	1.27							
2	191	Aoife Cuddy	Portlaoise	1.28							
3	419	Eabha Kehoe	St. Abbans	1.35							
4	428	Tara Kovarova	St. Abbans	1.40							

BOYS U-11 400m (NON CHAMPIONSHIP)

Pos.	No.	ATHLETES NAME	CLUB	TIME	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
					1	2	3	4			
1	344	Evan English	St. Abbans	1.15							
2	331	Tom Corcoran	St. Michaels	1.16							
3	336	Timmy Byrne	St. Abbans	1.21							
4	330	Cillian Whearty	Oughaval	1.24							
5	338	Lochlann O'Reilly	St. Abbans	1.32							

GIRLS U-13 800m (NON CHAMPIONSHIP)

Pos.	No.	ATHLETES NAME	CLUB	TIME	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
					1	2	3	4			
1	346	Seoghie English	St. Abbans	2.43							
2	418	Faye McEvoy	Ballyroan Abbeyleix	2.51							
3	426	Poppy Hackett	St. Michaels	2.56							
4	413	Maeve Gallagher	St. Abbans	2.57							
5	422	Aoibhin Mc Donald	St. Abbans	2.58							
6	423	Audrey Byrne	St. Abbans	3.01							
7	427	Kate Connolly	St. Michaels	3.02							
8	420	Siofra Marum	Portlaoise	3.06							
9	431	Ava Churchouse	Ballyroan Abbeyleix	3.27							

BOYS U-13 800m (NON CHAMPIONSHIP)

Pos.	No.	ATHLETES NAME	CLUB	TIME	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
					1	2	3	4			
1	343	Jack Fenlon	St. Abbans	2.37							
2	64	Matthew Buggy	Oughaval	2.40							
3	357	Noah Delaney	Oughaval	2.55							
4	329	Conor Whearty	Oughaval	3.02							
5	337	Rowland O'Reilly	St. Abbans	3.37							

GIRLS U-15 800m (NON CHAMPIONSHIP)

Pos.	No.	ATHLETES NAME	CLUB	TIME	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
					1	2	3	4			
1	415	Ciara Harrington	St. Abbans	2.36							
2	179	Niamh McDonald	Ballyroan Abbeyleix	2.39							
3	187	Sarah Delaney	Ballyroan Abbeyleix	2.43							
4	414	Aoife Gallagher	St. Abbans	2.52							
5	432	Isobel Churchouse	Ballyroan Abbeyleix	2.55							
6	193	Jade Carroll	Ballyroan Abbeyleix	2.57							

BOYS U-15 800m (NON CHAMPIONSHIP)

					TEAM SCORES						
Pos.	No.	ATHLETES NAME	CLUB	TIME	1	2	3	4	WINNING CLUBS	POINTS	PLACE
1	328	Canice Whearty	Oughaval	2.28							
2	341	T.J. Burke	St. Abbans	2.37							
3	358	Oisín Jago	Oughaval	2.39							
4	339	Charlie Hackett	St. Michaels	2.42							
5	326	Davin Mc Evoy	Ballyroan Abbeyleix	2.43							
6	334	Tiarnán Marum	Portlaoise	2.46							
7	322	Jack Fennelly	Oughaval	2.57							
8	324	Ben Holden	Mountmellick	3.06							

GIRLS U-17 1.2K (NON CHAMPIONSHIP)

					TEAM SCORES						
Pos.	No.	ATHLETES NAME	CLUB	TIME	1	2	3	4	WINNING CLUBS	POINTS	PLACE
1	412	Orla Fennelly	Oughaval	4.33							
2											
3											

GIRLS U-19 1.2K (NON CHAMPIONSHIP)

Pos.	No.	ATHLETES NAME	CLUB	TIME	1	2	3	4	WINNING CLUBS	POINTS	PLACE
1											
2											
3											

BOYS U-17 1.2K (NON CHAMPIONSHIP)

Pos.	No.	ATHLETES NAME	CLUB	TIME	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
					1	2	3	4			
1	342	Cathal Connaughton	Oughaval	3.30							
2	323	Adam Holden	Mountmellick	3.35							
3	184	Cian Mc Donald	Ballyroan Abbeyleix	3.38							
4	186	Seán Sheridan	Oughaval	4.02							

BOYS U-19 1.2K (NON CHAMPIONSHIP)

Pos.	No.	ATHLETES NAME	CLUB	TIME	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
					1	2	3	4			
1	332	Fionn Marum	Portlaoise	3.29							
2											
3											

SENIOR LADIES 4K

Pos.	No.	ATHLETES NAME	CLUB	TIME	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
					1	2	3	4			
1	189	Sharon Grant	Portlaoise	14.25					BALLYROAN Michelle Keenan Breda McDonald Kate McDonald Jean Mc Evoy	22	1st
2	202	Monica Corcoran	St. Michaels	15.18							
3	219	Colette English	St. Abbans	15.37							
4	211	Michelle Keenan	Ballyroan Abbeyleix	15.55							
5	182	Breda Mc Donald	Ballyroan Abbeyleix	15.58					PORTLAOISE Sharon Grant Patricia Cuddy Pam Power Amanda Mc Donald	39	2nd
6	183	Kate Mc Donald	Ballyroan Abbeyleix	16.00							
7	196	Jean Mc Evoy	Ballyroan Abbeyleix	16.07							
8	208	Olivia Sheerin	St. Michaels	16.08							
9	203	Caitriona Mc Donald	St. Abbans	16.35					St. ABBANS Colette English Caitriona Mc Donald Margo Dowling Sharon Buggy	39	3rd
10	206	Margo Dowling	St. Abbans	16.40							
11	185	Patricia Cuddy	Portlaoise	16.44							
12	230	Siobhan Burke	Ballyroan Abbeyleix	16.50							
13	194	Pam Power	Portlaoise	17.30							
14	204	Amanda Mc Donald	Portlaoise	17.34							
15	233	Gwen La Cumbre	St. Michaels	17.38							
16	234	Helen Mc Mahon	St. Michaels	17.40							
17	217	Sharon Buggy	St. Abbans	17.44							
18	200	Agnes Fennelly	Ballyroan Abbeyleix	17.49							
19	215	Amy Walsh	Portlaoise	18.00							
20	232	Teresa Broughall	St. Michaels	18.28							
21	195	Maria Cuddy	Portlaoise	18.33							
22	218	Carol Brennan	St. Abbans	19.08							
23	223	Niamh Kavanagh	Portlaoise	19.24							

SENIOR LADIES 4K CONTINUED

Pos.	No.	ATHLETES NAME	CLUB	TIME	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
					1	2	3	4			
24	212	Nora Mc Grath	Portlaoise	19.26							
25	216	Valerie Mc Auliffe	St. Michaels	19.29							
26	225	Karen Connolly	Oughaval	19.37							
27	213	Julieka Cahill	Portlaoise	20.46							
28	201	Martina Peacock	Ballyroan Abbeyleix	20.46							

SENIOR MENS 8K

					TEAM SCORES						
Pos.	No.	ATHLETES NAME	CLUB	TIME	1	2	3	4	WINNING CLUBS	POINTS	PLACE
1	245	Colin Maher	Ballyfin	24.57					PORTLAOISE James Hamm Thomas Lupton Cyril Cuddy Aengus Burke	19	1st
2	222	Colm Burke	St. Abbans	26.59							
3	192	James Hamm	Portlaoise	27.01							
4	177	Thomas Lupton	Portlaoise	27.22							
5	188	Cyril Cuddy	Portlaoise	27.26					St. ABBANS Colm Burke Colin Coyle James Griffin Liam Byrne	45	2nd
6	199	Mark Hackett	St. Michaels	27.28							
7	240	Aengus Burke	Portlaoise	27.36							
8	197	Noel Marum	Portlaoise	27.42							
9	239	Roibeard Miller	Ballyfin	27.55					BALLYFIN Colin Maher Roibeard Miller Ciaran Keenan Liam Buggy	45	3rd
10	238	Colin Coyle	St. Abbans	28.11							
11	214	Patrick Marshall	Portlaoise	28.23							
12	227	Tom Dunne	Ballyroan Abbeyleix	28.28							
13	237	Ruben Barroso	Portlaoise	28.36							
14	235	Trevor Mc Cormack	Portlaoise	28.41							
15	221	James Griffin	St. Abbans	28.55							
16	220	Ciaran Keenan	Ballyfin	29.03							
17	210	Richie Reid	Portlaoise	29.06							
18	207	Liam Byrne	St. Abbans	29.30							
19	226	Liam Buggy	Ballyfin	29.35							
20	228	Noel Burke	Ballyroan Abbeyleix	29.42							
21	236	Ronan Devoy	Portlaoise	29.52							
22	241	Martin Mc Donald	Ballyroan Abbeyleix	30.51							
23	224	Niall English	St. Abbans	30.59							

SENIOR MENS 8K CONTINUED

					TEAM SCORES						
Pos.	No.	ATHLETES NAME	CLUB	TIME	1	2	3	4	WINNING CLUBS	POINTS	PLACE
24	229	Paul Burke	Ballyroan Abbeyleix	31.13							
25	242	Aidan Mc Gee	St. Michaels	31.26							
26	243	Cormac Fitzpatrick	Ballyfin	32.00							
27	209	Shay Mc Court	St. Michaels	32.07							
28	248	John Kirwan	Ballyroan Abbeyleix	33.42							
29	205	Emmet O' Reilly	St. Michaels	33.53							
30	198	John Corcoran	St. Michaels	34.14							
31	249	Niall Collins	Portlaoise	34.17							
32	247	Trevor Percy	Portlaoise	34.45							
33	231	Alvin Duggan	St. Michaels	35.09							
34	246	Cormac Kavanagh	St. Michaels	35.26							
35	244	Brian Yarrow	St. Michaels	37.45							
36	181	Colin Buggy	Oughaval	DNF							

GIRLS U-10 400m (NON CHAMPIONSHIP)

Pos.	No.	ATHLETES NAME	CLUB	TIME	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
					1	2	3	4			
1	263	Rachel Ayres	St. Abbans								
2	266	Ella Dunne	Oughaval								
3	259	Heidi Hackett	St. Michaels								
4	269	Emma Jane Cuddy	Portlaoise								
5	252	Chloe O' Connell	St. Michaels								
6	260	Tara Kovarova	St. Abbans								
7	274	Aoibhin Brennan	St. Abbans								

BOYS U-10 400m (NON CHAMPIONSHIP)

1	265	Fionn Cuddy	Portlaoise							
2	273	Jonathan Fardy	St. Michaels							
3	262	Odhran O' Reilly	St. Michaels							
4		Oisín Murphy	St. Michaels							

GIRLS U-12 800m (NON CHAMPIONSHIP)

Pos.	No.	ATHLETES NAME	CLUB	TIME	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
					1	2	3	4			
1	258	Poppy Hackett	St. Michaels								
2	255	Audrey Byrne	St. Abbans								
3	251	Sarah Coyle	Mountmellick								
4	268	Caoimhe Cuddy	Portlaoise								
5	250	Eimear Connolly	St. Michaels								
6	256	Rebecca Marshall	Portlaoise								
7	271	Eleanor Fardy	St. Michaels								
8	254	Ava Foley	Oughaval								

BOYS U-12 800m (NON CHAMPIONSHIP)

1	264	Jack Fenlon	St. Abbans							
2	253	Aaron Foley	Oughaval							
3										

GIRLS U-14 1000m (NON CHAMPIONSHIP)

Pos.	No.	ATHLETES NAME	CLUB	TIME	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
					1	2	3	4			
1	272	Seoighe English	St. Abbans								
2	270	Jade Coogan	St. Michaels								
3	275	Emma Connell	St. Michaels								

BOYS U-14 1000m (NON CHAMPIONSHIP)

1	267	Oisín Jago	Oughaval							
2	257	Charlie Hackett	St. Michaels							
3	261	Joshua Murphy	St. Michaels							

LADIES MASTERS & JUNIOR LADIES 3K (3 TO SCORE)

Pos.	No.	ATHLETES NAME	CLUB	TIME	CAT.	O/35 TEAM			O/45 TEAM			INDIVIDUAL WINNERS			
						1	2	3	1	2	3	O/35 WINNERS	Club	POS.	
1	297	Sharon Grant	Portlaoise	10.36	0/35	1						SHARON GRANT	PL	1	
2	294	Louise Stack	Portlaoise	10.54	Jnr.							LISA MURPHY	SM	2	
3	383	Lisa Murphy	St. Michaels	11.00	0/35							COLETTE ENGLISH	SA	3	
4	384	Colette English	St. Abbans	11.23	0/35	4						O/45 WINNERS			
5	393	Olivia Sheerin	St. Michaels	11.40	0/45				5			OLIVIA SHEERIN	SM	1	
6	375	Aoibhin Lawlor	Rosenallis/Kilcavan	11.54	Jnr.							GWEN LA CUMBRE	SM	2	
7	293	Sandra Fitzpatrick	Ballyroan Abbeyleix	11.55	0/35	7						AGNES FENNELLY	BR	3	
8	306	Caitriona Mc Donald	St. Abbans	11.59	0/35		8					JUNIOR WINNERS			
9	360	Siobhan Burke	Ballyroan Abbeyleix	11.59	0/35		9					LOUISE STACK	PL	1	
10	298	Margo Dowling	St. Abbans	12.03	0/35			10				AOIBHIN LAWLOR	RK	2	
11	304	Patricia Cuddy	Portlaoise	12.19	0/35		11					AMY WALSH	PL	3	
12	402	Orla Fennelly	Oughaval	12.21	Jnr.							OVER/45 TEAMS			
13	405	Helen Mc Mahon	St. Michaels	12.23	0/35							WINNING CLUBS		PTS.	POS.
14	300	Gwen La Cumbre	St. Michaels	12.32	0/45					14		St. MICHAELS			
15	369	Agnes Fennelly	Ballyroan Abbeyleix	12.52	0/45			15				OLIVIA SHEERIN	51	1st	
16	295	Pam Power	Portlaoise	12.54	0/35			16				GWEN LA CUMBRE			
17	296	Mairead Moore	St. Abbans	13.00	0/35							DEIDRE COTTER			
18	321	Anna Duggan	Portlaoise	13.05	0/45					18		PORTLAOISE "A"			
19	366	Josceline Ayres	St. Abbans	13.10	0/35							ANNA DUGGAN	69	2nd	
20	302	Sharon Buggy	St. Abbans	13.17	0/35							OLWYN LARKIN			
21	364	Amy Walsh	Portlaoise	13.17	Jnr.							LUCY DUNNE			
22	396	Teresa Broughall	St. Michaels	13.18	0/35										
23	367	Maria Cuddy	Portlaoise	13.24	0/35										

LADIES MASTERS 3K (3 TO SCORE) CONTINUED

Pos.	No.	ATHLETES NAME	CLUB	TIME	CAT.	O/35 TEAM			O/45 TEAM			TEAM SCORES			
						1	2	3	1	2	3	WINNING CLUBS	PTS.	POS.	
24	316	Olwyn Larkin	Portlaoise	13.32	0/45					24			OVER/45 TEAMS		
25	299	Kate Birmingham	St. Abbans	13.35	0/35								PORTLAOISE "B" PATRICIA NAUGHTON URSULA O' MAILLEY NUALA ARRIGAN	105	3rd
26	379	Deidre Brennan	St. Abbans	13.40	0/35										
27	312	Lucy Dunne	Portlaoise	13.44	0/45						27				
28	387	Patricia Naughton	Portlaoise	13.48	0/45				28				OVER/35 TEAMS		
29	319	Niamh Kavanagh	Portlaoise	13.52	0/35								St. ABBANS COLETTE ENGLISH CAITRIONA Mc DONALD MARGARET DOWLING	22	1st
30	301	Carol Brennan	St. Abbans	13.54	0/35										
31	365	Charlie Walsh	Portlaoise	13.58	Jnr.										
32	392	Deidre Cotter	St. Michaels	14.45	0/45						32		PORTLAOISE SHARON GRANT PATRICIA CUDDY PAM POWER	28	2nd
33	370	Martina Peacock	Ballyroan Abbeyleix	15.04	0/45										
34	388	Anna Larke	St. Michaels	15.10	Jnr.										
35	308	Julieka Cahill	Portlaoise	15.14	0/35								BALLYROAN ABBEYLEIX SANDRA FITZPATRICK SIOBHAN BURKE AGNES FENNELLY	31	3rd
36	368	Michelle Madden	St. Michaels	15.20	0/35										
37	310	Ursula O'Mailley	Portlaoise	15.23	0/45					37					
38	361	Máire Fleming (0/60)	St. Abbans	15.46	0/45										
39	371	Michelle Harvey	Ballyroan Abbeyleix	16.05	0/35										
40	315	Nuala Arrigan	Portlaoise	16.19	0/45						40				
41	363	Margaret Mary Grant	Portlaoise	16.28	0/35										
42	390	Deidre Connolly	St. Michaels	19.46	0/35										
42	394	Marina Barry	St. Michaels	19.46	0/45										

MENS MASTERS 6K (4 TO SCORE)

Pos.	No.	ATHLETES NAME	CLUB	TIME	CAT.	O/35 TEAM				O/45 TEAM				INDIVIDUAL WINNERS			
						1	2	3	4	1	2	3	4	O/35 WINNERS	Club	POS.	
1	374	Stephen Hunter	Unattached	19.30	0/35									STEPHEN HUNTER		1	
2	401	Colm Burke	St. Abbans	19.37	0/45					2				CYRIL CUDDY	PL	2	
3	305	Cyril Cuddy	Portlaoise	19.53	0/35	3								JOHN FENLON	SA	3	
4	313	John Fenlon	St. Abbans	20.11	0/35	4								O/45 WINNERS			
5	276	Aengus Burke	Portlaoise	20.17	0/45		5							COLM BURKE	SA	1	
6	404	Noel Marum	Portlaoise	20.21	0/45			6						AENGUS BURKE	PL	2	
7	318	Colin Coyne	St. Abbans	20.25	0/35		7							NOEL MARUM	PL	3	
8	399	Roibeard Miller	Ballyfin	20.27	0/35									JUNIOR WINNERS			
9	307	Patrick Marshall	Portlaoise	20.37	0/35				9					CIAN MC DONALD	BR	1	
10	386	Ruben Barroso	Portlaoise	20.41	0/35	10								CATHAL GRENNAN	RK	2	
11	317	Dermot Ayres	St. Abbans	20.43	0/35			11						ADAM HOLDEN	MM	3	
12	273	Dave Sweeney	St. Michaels	20.44	0/35									OVER/45 TEAMS			
13	398	Colm Fitzgerald	Portlaoise	20.49	0/35		13							WINNING CLUBS		PTS.	POS.
14	377	Cian Mc Donald	Ballyroan Abbeyleix	20.52	Jnr.									St. ABBANS			
15	311	Ritchie Reid	Portlaoise	20.57	0/35			15						COLM BURKE			
16	410	Cathal Grennan	Rosenallis Kilcavan	21.29	Jnr.									LIAM BYRNE	87	1st	
17	408	Dean Coss	St. Michaels	21.30	0/35									FRANCIS FLEMING			
18	303	Liam Byrne	St. Abbans	21.33	0/45					18				ANTHONY BRENNAN			
19	277	Martin Mc Donald	Ballyroan Abbeyleix	21.42	0/45									St. MICHAELS			
20	309	Adam Holden	Mountmellick	21.44	Jnr.									CIARAN COTTER			
21	389	Ronan Devoy	Portlaoise	22.05	0/35			21						JOHNNY DORIS	131	2nd	
22	359	Paul Burke	Ballyroan Abbeyleix	22.07	0/35									PAUL SHEERIN			
23	397	Noel Coss	St. Michaels	22.12	0/35									MICK CULLEN			

MENS MASTERS 6K (4 TO SCORE) CONTINUED

Pos.	No.	ATHLETES NAME	CLUB	TIME	CAT.	O/35 TEAM				O/45 TEAM				TEAM SCORES			
						1	2	3	4	1	2	3	4	WINNING CLUBS	PTS.	POS.	
24	381	Niall English	St. Abbans	22.20	0/35				24						OVER/35 TEAMS		
25	403	Fionn Marum	Portlaoise	22.29	Jnr.										PORTLAOISE "A" CYRIL CUDDY AENGUS BURKE NOEL MARUM PATRICK MARSHALL	23	1st
26	400	Aidan Mc Gee	St. Michaels	22.59	0/35												
27	382	Ciaran Cotter	St. Michaels	23.03	0/45				27								
28	380	Francis Fleming	St. Abbans	23.43	0/45						28						
29	406	Shay Mc Court	St. Michaels	23.58	0/35									St. ABBANS JOHN FENLON COLIN COYNE DERMOT AYRES NIALL ENGLISH	43	2nd	
30	279	Trevor Percy	Portlaoise	24.17	0/35												
31	314	Emmett O' Reilly	St. Michaels	24.21	0/35												
32	391	Johnny Doris	St. Michaels	24.22	0/45					32							
33	6	Mike Mc Carthy	Ballyfin	24.39	0/45									PORTLAOISE "B" RUBEN BARROSO COLM FITZGERALD RITCHIE REID RONAN DEVOY	59	3rd	
34	395	Tim Churchouse	Ballyroan Abbeyleix	25.09	0/45												
35	376	Paul Sheerin	St. Michaels	25.11	0/45						35						
36	378	Stephen Bland	Ballyfin	25.41	0/35												
37	372	Mick Cullen	St. Michaels	25.49	0/45							37					
38	411	Colin Grennan	Rosenallis Kilcavan	25.52	Jnr.												
39	385	Anthony Brennan	St. Abbans	28.06	0/45							39					
40	278	Patrick Thompson	Ballyfin	28.38	0/45												
41	407	Dinny Whelan	St. Abbans	33.35	0/45												



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LAOIS COUNTY INDOOR TRACK & FIELD CHAMPIONSHIPS
2016

60m SPRINT RESULTS

GIRLS					BOYS				
Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.	Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.
U/10	1	Naomi Ikpotokin	St. Michaels		U/10	1	Timmy Byrne	St. Abbans	
	2	Patience Chinda	St. Michaels			2	Leon Delaney	Oughaval	
	3	Ashling Cawley	St. Abbans			3	Fionn O'Sullivan	St. Abbans	
U/12	1	Chloe Keenan	Emo Rath		U/12	1	Jack Fennelly	St. Abbans	
	2	Novell Bunjokojohnson	St. Michaels			2	Eoin Cawley	St. Abbans	
	3	Sarah Coyle	Mountmellick			3	Adam Buggy	St. Abbans	
U/14	1	Helen Ikpotokin	St. Michaels		U/14	1	Mathew Buggy	Oughaval	
	2	Doyin Shobowale	Mountmellick			2	Oisín Jago	Oughaval	
	3	Grainne Lalor	Rosenallis Kilcavan			3	Jake Coss	Mountmellick	
U/16	1	Ruby Millet	St. Abbans		U/16	1	Brian Tshilumba	Ballyfin	
	2	Sophie Fortune	Emo Rath			2	Tom Buggy	St. Abbans	
	3	Sarah McMahon	Ballyroan Abbeyleix			3	Curtis Lee	Mountmellick	

200m SPRINT RESULTS

GIRLS					BOYS				
Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.	Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.
U/18	1	Dervla Scully	Oughaval	27.74	U/18	1	Jack Fortune	Emo Rath	24.50
	2	Kiahara Dempsey	Mountmellick	28.74		2	Donal Hetherinton	Emo Rath	25.18
	3	Laura Stapleton	Oughaval	28.95		3	Adam Holden	Mountmellick	25.51

60m HURDLES RESULTS

GIRLS					BOYS				
Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.	Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.
U/15	1	Helen Ikpotokin	St. Michaels	10.54	U/15	1	Cannice Whearty	Oughaval	9.66
	2	Grainne Lalor	Rosenallis Kilcavan			2	Brian Tshilumba	Ballyfin	
	3	Emily O'Neill Delaney	Emo Rath			3	Curtis Lee	Mountmellick	
U/17	1	Daena Kelly	St. Abbans	9.48	U/17	1	Eoin Keenan	Emo Rath	9.83
	2	Dervla Scully	Oughaval			2	Lee Mullen	Emo Rath	
	3	Kiahara Dempsey	Mountmellick			3	Donal Hetherington	Emo Rath	

DISTANCE RESULTS

GIRLS 350m					BOYS 350m				
Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.	Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.
U/11	1	Naomi Ikpotokin	St. Michaels	1.05.98	U/11	1	Niall Lawlor	Rosenallis Kilcavan	1.04.14
	2	Lucy Conroy	Rosenallis Kilcavan	1.08.41		2	Leon Delaney	Oughaval	1.10.03
	3	Chelsea Lee	Mountmellick	1.10.25		3	Timmy Byrne	St. Abbans	1.11.08
GIRLS 600m					BOYS 600m				
U/13	1	Seoige English	St. Abbans	1.54.99	U/13	1	Jack Fenlon	St. Abbans	1.54.16
	2	Amy Brennan	St. Abbans	2.00.55		2	Mathew Buggy	Oughaval	1.54.90
	3	Ellen Conroy	Rosenallis Kilcavan	2.03.25		3	Blake Kemmy	Oughaval	1.57.97

DISTANCE RESULTS

DISTANCE RESULTS									
GIRLS 800m					BOYS 800m				
Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.	Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.
U/15	1	Sarah Delaney	Ballyroan Abbeyleix	2.40.06	U/15	1	Canice Whearty	Oughaval	2.36.66
	2	Rebecca Fenlon	St. Abbans	2.41.39		2	Brian Tshilumba	Ballyfin	2.43.06
	3	Niamh McDonald	Ballyroan Abbeyleix	2.46.09		3	Oisín Jago	Oughaval	2.44.79
GIRLS 800m					BOYS 800m				
Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.	Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.
U/17	1	Cara Maher	St. Abbans	2.32.36	U/17	1	Cian Kelly	St. Abbans	2.08.18
	2	Orla Fennelly	Oughaval	2.40.23		2	Adam Holden	Mountmellick	2.19.87
	3	Katie Walsh	Portlaoise	3.10.00		3	Tom Buggy	St. Abbans	2.21.97
GIRLS 800m					BOYS 800m				
Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.	Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.
U/19	1	Lauren Kealy	St. Abbans	2.36.54	U/19	1	Fionn Marum	Portlaoise	2.14.69
	2	Maebh Maher	St. Abbans	2.31.35		2	Cathal Grennan	Rosenallis Kilcavan	2.17.90
	3	Aoibhean Lawlor	Rosenallis Kilcavan	2.47.82		3			

LONG JUMP RESULTS

GIRLS					BOYS				
Age	Pos.	ATHLETES NAME	CLUB	Distance	Age	Pos.	ATHLETES NAME	CLUB	Distance
U/12	1	Chloe Keenan	Emo Rath	3.55	U/12	1	Adam Buggy	St. Abbans	3.64
	2	Katie Brennan	St. Abbans	3.33		2	Luke Buggy	Oughaval	3.39
	3	Faye McEvoy	Ballyroan Abbeyleix	3.10		3	Eoin Cawley	St. Abbans	3.38
U/18	1	Kiahara Demspey	Mountmellick	4.47	U/18	1	Jack Fortune	Emo Rath	5.50
	2	Laura Stapleton	Oughaval	4.30		2	Eoin Keenan	Emo Rath	5.38
	3	Sekinat Shobowale	Mountmellick	3.77		3	Mathew Rossiter	St. Abbans	5.06

HIGH JUMP RESULTS

GIRLS					BOYS				
Age	Pos.	ATHLETES NAME	CLUB	HEIGHT	Age	Pos.	ATHLETES NAME	CLUB	HEIGHT
U/15	1	Sarah Graham	St. Abbans	1.30	U/15	1	Canice Whearty	Oughaval	1.25
	2	Sarah McMahon	Ballyroan Abbeyleix	1.25		2	Brian Tshilumba	Ballyfin	1.20
	3	Jessie Brennan	Ballyroan Abbeyleix	1.15		3			
U/17	1	Daena Kelly	St. Abbans	1.68	U/17	1	Eoin Kennan	Emo Rath	1.65
	2	Dervla Scully	Oughaval	1.50		2	Cian Kelly	St. Abbans	1.60
	3	Cara Maher	St. Abbans	1.50		3	Mathew Rossiter	St. Abbans	1.55
U/19	1	Maebh Maher	St. Abbans	1.55	U/19	3	Adam Holden	Mountmellick	1.55
	2	Lucy O'Neill	St. Abbans	1.40		1	Fergal Scully	Oughaval	1.81
	3					2	Cian Burke	St. Abbans	1.65

SHOT PUTT RESULTS

GIRLS					BOYS				
Age	Pos.	ATHLETES NAME	CLUB	Distance	Age	Pos.	ATHLETES NAME	CLUB	Distance
U/14	1	Emma McCann	Rosenallis Kilcavan	8.00	U/14	1	Shane Buggy	St. Abbans	8.79
	2	Siobhan McEvoy	Rosenallis Kilcavan	7.90		2	Oisín Jago	Oughaval	8.16
	3	Doyin Shobowale	Mountmellick	7.88		3	Ben Holden	Mountmellick	6.81
U/16	1	Ruby Millet	St. Abbans	9.39	U/16	1	Coady Tunstead	St. Abbans	12.63
	2	Sarah Graham	St. Abbans	8.30		2	Tom Buggy	St. Abbans	11.85
	3	Katie Walsh	Portlaoise	7.23		3	Brian Tshilumba	Ballyfin	7.74
U/18	1	Nicole Kehoe Dowling	St. Abbans	12.10	U/18	1	Eoin Keenan	Emo Rath	10.30
	2	Kiahara Dempsey	Mountmellick	8.49		2	Coady Tunstead	St. Abbans	10.03
	3	Dervla Scully	Oughaval	5.67		3	Mathew Rossiter	St. Abbans	8.70

RELAY TEAM WINNERS

RELAY TEAM WINNERS									
GIRLS 4 x 100m					BOYS 4 x 100m				
Age	Pos.	CLUB			Age	Pos.	CLUB		
U/11	1	St. Michaels			U/11	1	St. Abbans		
	2	St. Abbans				2	Portlaoise		
	3	Portlaoise				3			
GIRLS 4 x 100m					BOYS 4 x 100m				
Age	Pos.	CLUB			Age	Pos.	CLUB		
U/13	1	St. Abbans			U/13	1	St. Abbans		
	2	St. Michaels				2	Oughaval "A"		
	3	Rosenallis Kilcavan				3	Rosenallis Kilcavan		
GIRLS 4 x 200m					BOYS 4 x 200m				
Age	Pos.	CLUB			Age	Pos.	CLUB		
U/15	1	Ballyroan Abbeyleix			U/15	1			
	2	Rosenallis Kilcavan				2			
	3	Ballyfin				3			
GIRLS 4 x 200m					BOYS 4 x 200m				
Age	Pos.	CLUB	Mixed Team		Age	Pos.	CLUB	Mixed Team	
U/17	1	St. Abbans			U/17	1	Emo Rath		
-	2	Oughaval	Mountmellick		-	2	St. Abbans		
U/19	3	Emo	Portlaoise		U/19	3	Portlaoise	Rosenallis Kilcavan	

SENIOR RESULTS

SENIOR RESULTS									
LADIES 200m SPRINTS					MENS 200m SPRINTS				
	Pos.	ATHLETES NAME	CLUB	TIME SECS.		Pos.	ATHLETES NAME	CLUB	TIME SECS.
	1	Lucy O'Neill	St. Abbans	34.09		1	Adam Coss	Mountmellick	25.14
	2					2	Cian Burke	St. Abbans	25.40
	3					3	Patrick Marshall	Portlaoise	28.64
LADIES 1500m					MENS 1500m				
	Pos.	ATHLETES NAME	CLUB	TIME SECS.		Pos.	ATHLETES NAME	CLUB	TIME SECS.
	1					1	Cian Kelly	St. Abbans	4.21.96
	2					2	Noel Burke	Ballyroan Abbeyleix	4.40.94
	3					3	Patrick Marshall	Portlaoise	4.43.01
LADIES SHOT PUTT					MENS SHOT PUTT				
	Pos.	ATHLETES NAME	CLUB	DISTANCE		Pos.	ATHLETES NAME	CLUB	DISTANCE
	1	Nicole Kehoe Dowling	St. Abbans	10.79		1	Seamus Fitzpatrick	Portlaoise	11.69
	2	Edel Boland	Mountmellick	6.19		2	John Territ	St. Abbans	9.53
	3	Caroline Holden	Mountmellick	5.84		3	Coady Tunstead	St. Abbans	9.26
LADIES LONG JUMP					MENS LONG JUMP				
	Pos.	ATHLETES NAME	CLUB	DISTANCE		Pos.	ATHLETES NAME	CLUB	DISTANCE
	1	Lucy O'Neill	St. Abbans	3.94		1	Cian Burke	St. Abbans	5.37
	2					2	Adam Coss	Mountmellick	5.00
	3					3			

NON CHAMPIONSHIP - SHOT PUTT RESULTS

GIRLS					BOYS				
Age	Pos.	ATHLETES NAME	CLUB	Distance	Age	Pos.	ATHLETES NAME	CLUB	Distance
U/12	1	Sarah Coyle	Mountmellick	6.30	U/12	1	Aaron Foley	Oughaval	6.96
	2	Faye McEvoy	Ballyroan Abbeyleix	5.28		2	Eoin Cawley	St. Abbans	6.82
	3	Ava Foley	Oughaval	4.90		3	Cathal McEvoy	Rosenallis Kilcavan	6.31
	4	Ellie Boland	Mountmellick	4.36		4	Luke Buggy	Oughaval	5.90
	5	Poppy Hackett	St. Michaels	4.13		5	Benjamin Kuku	Ballyroan Abbeyleix	5.69
	6	Katie Brennan	St. Abbans	4.11		6	Blake Kemmy	Oughaval	5.43
	7	Molly Byrne	St. Abbans	3.96		7	David Coss	Mountmellick	5.42
	8	Torrie Lee	Mountmellick	3.35		8	Adam Buggy	St. Abbans	5.35
	9	Katie Baldwin	St. Abbans	2.55		9	Jack Fenlon	St. Abbans	4.93
				10		Séan O'Sullivan	St. Abbans	3.80	
				11		Rory Lalor	Rosenallis Kilcavan	3.70	
				12		Leon Delaney	Oughaval	3.65	
				13		Niall Lalor	Rosenallis Kilcavan	3.45	



LAOIS COUNTY TRACK & FIELD CHAMPIONSHIPS 2016

60m SPRINT RESULTS

GIRLS					BOYS				
Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.	Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.
U/9	1	Ella Dunne	Oughaval		U/9	1	Ade Solanke	St. Michaels	
	2	Jane Hyland	Rosenallis/Kilcavan			2	Brian Chinda	St. Michaels	
	3	Cara English	St. Abbans			3	Daniel Downey	Portlaoise	
U/11	1	Naomi Ikpotokin	St. Michaels		U/11	1	Evan English	St. Abban's	
	2	Patience Chinda	St. Michaels			2	Jack Milton	St. Abban's	
	3	Novelle Johnson	St. Michaels			3	Timmy Byrne	St. Abban's	
U/13	1	Loren Kelly	Mountmellick		U/13	1	Matthew Buggy	Oughaval	
	2	Heather Murphy	St. Michaels			2	Luke Buggy	Oughaval	
	3	Seoighe English	St. Abban's			3	Blake Kemmy	Oughaval	

100m SPRINT RESULTS

GIRLS					BOYS				
Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.	Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.
U/15	1	Helen Ikpotokin	St. Michaels		U/15	1	Canice Whearty	Oughaval	
	2	Ciara Harrington	St. Abban's			2	John Hughes	Rosenallis/Kilcavan	
	3	Doyin Shobowale	Mountmellick			3	Jake Coss	Mountmellick	

LONG JUMP RESULTS

GIRLS					BOYS				
Age	Pos.	ATHLETES NAME	CLUB	DISTANCE	Age	Pos.	ATHLETES NAME	CLUB	DISTANCE
U/9	1	Ava Rowan	St. Abban's	1.55m	U/9	1	Brian Chinda	St. Michaels	3.02m
	2					2	Daniel Downey	Portlaoise	2.97m
	3					3	Jack Keenan	Ballyfin	2.77m
U/10	1	Patience Chinda	St. Michaels	3.35m	U/10	1			
	2	Naomi Ikpotokin	St. Michaels	3.29m		2			
	3	Eabha Kehoe	St. Abban's	3.14m		3			
U/11	1	Moya Brennan	St. Abban's	3.43m	U/11	1	Evan English	St. Abban's	3.51m
	2	Katie Brennan	St. Abban's	3.42m		2	Jack Fennell	Portlaoise	3.12m
	3	Chelsea Lee	Mountmellick	3.24m		3	Timmy Byrne	St. Abban's	2.91m
U/13	1	Amy Brennan	St. Abban's	3.70m	U/13	1	Matthew Buggy	Oughaval	4.08m
	2	Seoighe English	St. Abban's	3.49m		2	Blake Kemmy	Oughaval	3.61m
	3	Kora Davis	Ballyfin	3.25m		3	Luke Buggy	Oughaval	3.56m
U/15	1	Doyin Shobowale	Mountmellick	4.30m	U/15	1	Canice Whearty	Oughaval	4.28m
	2	Sarah Graham	St. Abban's	4.05m		2	John Hughes	Rosenallis/Kilcavan	3.81m
	3	Ciara Harrington	St. Abban's	3.84m		3	Ronan Hyland	Rosenallis/Kilcavan	3.51m

HIGH JUMP RESULTS

GIRLS

Age	Pos.	ATHLETES NAME	CLUB	HEIGHT	Age	Pos.	ATHLETES NAME	CLUB	HEIGHT
U/12	1	Moya Brennan	St. Abban's	1.09m	U/14	1	Emma McCann	Rosenallis/Kilcavan	1.25m
	2	Grace Meade	Portlaoise	1.04m		2	Seoighe English	St. Abban's	1.20m
	3	Sarah Coyle	Mountmellick	0.99m		2	Helen Ikpotokin	St. Michaels	1.20m
				4		Doyin Shobowale	Mountmellick	1.20m	
U/16	1	Caragh Maher	St. Abban's	1.40m	U/18	1	Daena Kealy	St. Abban's	1.60m
	2	Sarah Graham	St. Abban's	1.38m		2	Maebh Maher	St. Abban's	1.40m
	3	Ciara Harrington	St. Abban's	1.35m		3			

RELAY TEAM WINNERS

GIRLS 4 x 100m

BOYS 4 x 100m

Age	Pos.	CLUB		Age	Pos.	CLUB	
U/18	1	St. Abban's		U/18	1	Emo Rath	
	2				2		
	3				3		

TURBO JAVELIN RESULTS

GIRLS					BOYS				
Age	Pos.	ATHLETES NAME	CLUB	DISTANCE	Age	Pos.	ATHLETES NAME	CLUB	DISTANCE
U/11	1	Eva Keogh	St. Abban's	11.30m	U/11	1	Evan English	St. Abban's	11.85m
	2	Katie Brennan	St. Abban's	10.90m		2	Daniel Downey	Portlaoise	10.60m
	3	Danielle O'Driscoll	St. Abban's	9.76m		3	Timmy Byrne	St. Abban's	8.34m
					3	Cillian Whearty	Oughaval	8.34m	

JAVELIN RESULTS

GIRLS					BOYS				
Age	Pos.	ATHLETES NAME	CLUB	DISTANCE	Age	Pos.	ATHLETES NAME	CLUB	DISTANCE
U/13	1	Amy Brennan	St. Abban's	14.94m	U/13	1	Blake Kemmy	Oughaval	19.80m
	2	Kora Davis	Ballyfin	14.22m		2	Matthew Buggy	Oughaval	18.28m
	3	Seoighe English	St. Abban's	13.62m		3	Luke Buggy	Oughaval	17.24m
U/15	1	Sarah Graham	St. Abban's	23.11m	U/15	1	Ben Holden	Mountmellick	22.38m
	2	Ciara Harrington	St. Abban's	18.63m		2	Oisín Jago	Oughaval	13.58m
	3	Emma McCann	Rosenallis/Kilcavan	14.71m		3	Canice Whearty	Oughaval	12.40m

SHOT PUTT RESULTS

GIRLS					BOYS				
Age	Pos.	ATHLETES NAME	CLUB	DISTANCE	Age	Pos.	ATHLETES NAME	CLUB	DISTANCE
U/18	1	Elaine Daly	Emo Rath	9.20m	U/18	1	Eoin Keenan	Emo Rath	9.60m
	2	Kiahara Dempsey	Mountmellick	7.80m		2	Matthew Rossiter	St. Abban's	8.82m
	3	Niamh Moore	St. Abban's	6.92m		3	Lee Mullen	Emo Rath	8.27m

SENIOR DISTANCE RESULTS										
SENIOR WOMEN 800m					SENIOR MEN 800m					
	Pos.	ATHLETES NAME	CLUB	TIME		Pos.	ATHLETES NAME	CLUB	TIME	
	1	Kiahara Dempsey	Mountmellick			1	Niall Bracken	Mountmellick		
	2	Charlie Walsh	Portlaoise			2	Carl Deans	Mountmellick		
	3	Sharon Buggy	St. Abbans			3	Tom Lupton	Portlaoise		
SENIOR WOMEN 3000m					SENIOR MEN 3000m					
	1	Colette Brennan	St. Abban's	12.01		1	Tom Lupton	Portlaoise	9.52	
	2					2	Fionn Marum	Portlaoise	10.30	
	3					3	James Nolan	St. Abban's	11.01	
SENIOR WOMEN 0/35 3000m					SENIOR MEN 0/35 3000m					
	1	Sharon Buggy	St. Abban's	13.18		1	Dermot Ayres	St. Abban's	9.54	
	2	Carol Brennan	St. Abban's	14.02		2	Liam Byrne	St. Abban's	10.18	
	3					3	Patrick Marshall	Portlaoise	10.34	
SENIOR WOMEN 0/45 3000m					SENIOR MEN 0/45 3000m					
	1					1	Joe Walsh	Portlaoise	12.13	
	2					2	Dick Mullins	St. Abban's	13.30	
	3					3				
SENIOR MEN TEAMS 3000m										
1st	Club	<u>PORTLAOISE</u> Tom Lupton Fionn Marum Patrick Marshall				2nd	Club	<u>St. ABBAN'S</u> Liam Byrne Dermot Ayres James Nolan		

SENIOR SHOT PUTT RESULTS

SENIOR WOMEN					SENIOR MEN				
	Pos.	ATHLETES NAME	CLUB	Distance		Pos.	ATHLETES NAME	CLUB	Distance
	1	Seodhna Hoey	Portlaoise	10.39m		1	Seamus Fitzpatrick	Portlaoise	10.85m
	2	Shauna Daly	St. Abban's	9.31m		2	Conor Daly	St. Abban's	9.77m
	3	Carol Hughes	Rosenallis/Kilcavan	7.43m		3	John Territt	St. Abban's	9.26m

SENIOR WEIGHT FOR DISTANCE RESULTS

SENIOR WOMEN					SENIOR MEN				
	Pos.	ATHLETES NAME	CLUB	Distance		Pos.	ATHLETES NAME	CLUB	Distance
	1	Seodhna Hoey	Portlaoise	7.19m		1	Seamus Fitzpatrick	Portlaoise	7.12m
	2	Shauna Daly	St. Abban's	7.19m		2	Conor Daly	St. Abban's	5.54m
	3	Carol Hughes	Rosenallis/Kilcavan	5.83m		3	Tom Barry	St. Abban's	4.83m

SENIOR WOMEN HIGH JUMP

	Pos.	ATHLETES NAME	CLUB			Pos.	ATHLETES NAME	CLUB	Distance
	1								
	2								
	3								

SENIOR WOMEN 4 x 100m
SENIOR MEN 4 x 100m

	Pos.	CLUB				Pos.	CLUB		
	1	St. Abbans				1	St. Abbans		
	2	Rosenallis/Kilcavan				2	Emo Rath		
	3					3	St. Abbans		

100m SPRINT RESULTS

GIRLS				BOYS			
Age	Pos.	ATHLETES NAME	CLUB	Age	Pos.	ATHLETES NAME	CLUB
U/17	1	Aoife Daly	Emo Rath	U/17	1	Lee Mullen	Emo Rath
	2	Elaine Daly	Emo Rath		2	Eoin Keenan	Emo Rath
	3	Gillian Keenan	Emo Rath		3	Carl Deans	Mountmellick
U/19	1	Amy Walsh	Portlaoise	U/19	1	Jack Fortune	Emo Rath
	2				2	Niall Bracken	Mountmellick
	3				3		

DISTANCE RESULTS

GIRLS 1500m				BOYS 1500m			
Age	Pos.	ATHLETES NAME	CLUB	Age	Pos.	ATHLETES NAME	CLUB
U/18	1	Maebh Maher	St. Abbans	U/18	1	Niall Bracken	Mountmellick
	2	Laura Graham	St. Abbans		2	Colin Grennan	Rosenallis/Kilcavan
	3				3	Carl Deans	Mountmellick

DISTANCE RESULTS

DISTANCE RESULTS							
GIRLS 300m				BOYS 300m			
Age	Pos.	ATHLETES NAME	CLUB	Age	Pos.	ATHLETES NAME	CLUB
U/10	1	Naomi Ikpotoikin	St. Michaels	U/10	1	Aaron Lalor	Rosenallis/Kilcavan
	2	Ella Dunne	Oughaval		2	Fionn O'Sullivan	St. Abbans
	3	Patience Chinda	St. Michaels		3	Timmy Byrne	St. Abbans
GIRLS 600m				BOYS 600m			
Age	Pos.	ATHLETES NAME	CLUB	Age	Pos.	ATHLETES NAME	CLUB
U/12	1	Faye McEvoy	Ballyroan Abbeyleix	U/12	1	Jack Fenlon	St. Abbans
	2	Aoibhin McDonald	St. Abbans		2	Blake Kemmy	Oughaval
	3	Poppy Hackett	St. Michaels		3	Adam Buggy	St. Abbans
GIRLS 800m				BOYS 800m			
Age	Pos.	ATHLETES NAME	CLUB	Age	Pos.	ATHLETES NAME	CLUB
U/14	1	Seoighe English	St. Abbans	U/14	1	Jack Fennelly	Oughaval
	2	Niamh McDonald	Ballyroan Abbeyleix		2	Oisín Jago	Oughaval
	3	Grainne Lalor	Rosenallis/Kilcavan		3	Ronan Hyland	Rosenallis/Kilcavan
GIRLS 800m				BOYS 800m			
Age	Pos.	ATHLETES NAME	CLUB	Age	Pos.	ATHLETES NAME	CLUB
U/16	1	Carragh Maher	St. Abbans	U/16	1	Curtis Lee	Mountmellick
	2	Orla Fennelly	Oughaval		2	Tom Buggy	St. Abbans
	3	Jessica Brennan	Ballyroan Abbeyleix		3	Thomas Dunne	Ballyfin

LONG JUMP RESULTS

GIRLS					BOYS				
Age	Pos.	ATHLETES NAME	CLUB	DISTANCE	Age	Pos.	ATHLETES NAME	CLUB	DISTANCE
U/17	1	Ruby Millet	St. Abbans	4.64m	U/17	1	Matthew Rossiter	St. Abbans	4.88m
	2	Kiahara Dempsey	Mountmellick	4.25m		2	Carl Deans	Mountmellick	4.20m
	3	Katie Walsh	Portlaoise	3.55m		3	Thomas Dunne	Ballyfin	4.06m

TRIPLE JUMP RESULTS

GIRLS					BOYS				
U/17	1	Ruby Millet	St. Abbans	10.34m	U/17	1	Matthew Rossiter	St. Abbans	10.56m
	2	Aoife Daly	Emo Rath	7.96m		2			
	3					3			

HIGH JUMP RESULTS

BOYS									
Age	Pos.	ATHLETES NAME	CLUB	HEIGHT	Age	Pos.	ATHLETES NAME	CLUB	HEIGHT
U/12	1	John Ikpotokin	St. Michaels	1.10m	U/14	1	Jack Fennelly	Oughaval	1.25m
	2	Conor Brady	Portlaoise	1.10m		2	Josh McDonald	St. Abbans	1.20m
	3	Lee Murray	St. Abbans	1.10m		3	Oisín Jago	Oughaval	1.15m
U/16	1	Eddie Allen	Emo Rath	1.35m	U/18	1			
	2	TJ Burke	St. Abbans	1.30m		2			
	3	John Farrell	St. Abbans	1.10m		3			

SHOT PUTT RESULTS

GIRLS					BOYS				
Age	Pos.	ATHLETES NAME	CLUB	DISTANCE	Age	Pos.	ATHLETES NAME	CLUB	DISTANCE
U/12	1	Allegra Corcoran	Oughaval	6.78m	U/12	1	Aaron Foley	Oughaval	7.05m
	2	Sarah Coyle	Mountmellick	5.70m		2	John Ikpotokin	St. Michaels	6.34m
	3	Faye McEvoy	Ballyroan Abbeyleix	5.61m		2	Luke Buggy	Oughaval	5.77m
U/14	1	Emma McCann	Rosenallis/Kilcavan	8.80m	U/14	1	Shane Buggy	St. Abbans	7.65m
	2	Doyin Shobowale	Mountmellick	8.34m		2	Oisín Jago	Oughaval	6.55m
	3	Eleanor Healy	Portlaoise	7.91m		3	Josh McDonald	St. Abbans	6.49m
U/16	1	Sarah Graham	St. Abbans	7.32m	U/16	1	Coady Tunstead	St. Abbans	11.06m
	2	Katie Walsh	Portlaoise	6.51m		2	Tom Buggy	St. Abbans	10.80m
	3	Allanah Foley	Oughaval	6.08m		3	Ivan Jones	St. Abbans	7.33m

JAVELIN RESULTS

GIRLS					BOYS				
Age	Pos.	ATHLETES NAME	CLUB	DISTANCE	Age	Pos.	ATHLETES NAME	CLUB	DISTANCE
U/17	1	Aoife Daly	Emo Rath	22.20m	U/17	1	Dorian Corcoran	Oughaval	41.70m
	2	Elaine Daly	Emo Rath	21.15m		2	Cian Kelly	St. Abbans	31.80m
	3	Gillian Keenan	Emo Rath	14.40m		3	Wojciech Suchodolski	Mountmellick	26.40m

DISCUS RESULTS

GIRLS					BOYS				
Age	Pos.	ATHLETES NAME	CLUB	DISTANCE	Age	Pos.	ATHLETES NAME	CLUB	DISTANCE
U/15	1	Sarah Graham	St. Abbans	23.58m	U/15	1	Ivan Jones	St. Abbans	27.71m
	2	Becky Fahy	St. Abbans	19.85m		2	Darragh Corcoran	Ballyfin	19.02m
	3	Aoife Gallagher	St. Abbans	15.10m		3	Howard Jones	St. Abbans	14.17m
U/17	1	Gillian Keenan	Emo Rath	18.54m	U/17	1	Dorian Corcoran	Oughaval	24.99m
	2	Kiahara Dempsey	Mountmellick	18.50m		2	Eoin Keenan	Emo Rath	24.69m
	3	Elaine Daly	Emo Rath	17.91m		3	Matthew Rossiter	St. Abbans	23.20m
U/19	1	Seodhna Hoey	Portlaoise	35.61m	U/19	1			
	2					2			
	3					3			

RELAY TEAM RESULTS 4 X 100m

GIRLS			BOYS		
Age	Pos.	CLUB	Age	Pos.	CLUB
U/10	1	St. Abbans	U/10	1	St. Abbans
	2	St. Abbans		2	Portlaoise
	3	St. Abbans		3	
U/12	1	St. Abbans	U/12	1	St. Abbans
	2	Portlaoise		2	St. Michaels
	3	St. Abbans		3	Rosenallis/Kilcavan - Emo Rath
U/14	1	Mountmellick	U/14	1	Oughaval
	2	Rosenallis/Kilcavan		2	Rosenallis/Kilcavan
	3	St. Abbans		3	St. Abbans
U/16	1	St. Abbans	U/16	1	Mountmellick
	2	Ballyroan Abbeyleix		2	St. Abbans
	3			3	Ballyfin

SENIOR 200m SPRINT RESULTS

SENIOR WOMEN				SENIOR MEN			
Pos.	ATHLETES NAME	CLUB		Pos.	ATHLETES NAME	CLUB	
1	Lauryn Keley	St. Abbans		1	Niall Bracken	Mountmellick	
2	Kiahara Dempsey	Mountmellick		2	Patrick Marshall	Portlaoise	
3	Catherine Buggy	Oughaval		3	Carl Deans	Mountmellick	

SENIOR HIGH JUMP RESULTS

NO EVENT				SENIOR MEN			
Pos.	ATHLETES NAME	CLUB	HEIGHT	Pos.	ATHLETES NAME	CLUB	HEIGHT
1				1	Patsy Baldwin	St. Abbans	1.35m
2				2	Tom Daly	St. Abbans	1.30m
3				3	David Baldwin	St. Abbans	1.20m

SENIOR LONG JUMP RESULTS

SENIOR WOMEN				SENIOR MEN			
Pos.	ATHLETES NAME	CLUB	DISTANCE	Pos.	ATHLETES NAME	CLUB	DISTANCE
1	Sarah Buggy	St. Abbans	5.11m	1	Conor Daly	St. Abbans	5.78m
2	Laura Graham	St. Abbans	3.98m	2	Niall Bracken	Mountmellick	5.40m
3	Catherine Buggy	Oughaval	3.21m	3	David Baldwin	St. Abbans	4.75m

SENIOR TRIPLE JUMP RESULTS

SENIOR WOMEN				SENIOR MEN			
Pos.	ATHLETES NAME	CLUB	DISTANCE	Pos.	ATHLETES NAME	CLUB	DISTANCE
1	Sarah Buggy	St. Abbans	11.60m	1	Conor Daly	St. Abbans	12.28m
2	Laura Graham	St. Abbans	8.78m	2	David Baldwin	St. Abbans	11.08m
3				3	Tom Barry	St. Abbans	9.39m



LAOIS COUNTY SCHOOLS CHAMPIONSHIPS 2016

Secondary Schools Track & Field

100m SPRINT RESULTS

MINOR GIRLS			MINOR BOYS		
Pos.	ATHLETES NAME	SCHOOL	Pos.	ATHLETES NAME	SCHOOL
1	Munirat Shobowale	Scoil Chríost Rí	1	Emmanuel Ilori	Coláiste Íosagáin
2	Deborah Ilori	Coláiste Íosagáin	2	Peter Dunne	Mountmellick Community School
3	Kyra Olaseni	Scoil Chríost Rí	3	Josh Brennan	Heywood Community School
JUNIOR GIRLS			JUNIOR BOYS		
Pos.	ATHLETES NAME	SCHOOL	Pos.	ATHLETES NAME	SCHOOL
1	Suzanna Tuszynska	Scoil Chríost Rí	1	James Hennessy	Heywood Community School
2	Saoirse O'Shaughnessy	Mountmellick Community School	2	Kevin Ogedegbe	St. Mary's CBS Portlaoise
3	Rebecca Balfe	Mountrath Community School	3	David Aderogba	Mountmellick Community School
3	Sarah Bergin	Mountrath Community School			
INTERMEDIATE GIRLS			INTERMEDIATE BOYS		
Pos.	ATHLETES NAME	SCHOOL	Pos.	ATHLETES NAME	SCHOOL
1	Aoife Daly	Scoil Chríost Rí	1	Donal Hetherington	Coláiste Íosagáin
2	Gillian Keenan	Scoil Chríost Rí	2	Victor Famokunwa	Mountrath Community School
3	Elaine Daly	Scoil Chríost Rí	3	Vincent Hendricken	Knockbeg College
SENIOR GIRLS			SENIOR BOYS		
Pos.	ATHLETES NAME	SCHOOL	Pos.	ATHLETES NAME	SCHOOL
1	Aoife Hyland	Clonaslee Vocational School	1	Adam Coss	Mountmellick Community School
2	Ciara Walsh	Mountrath Community School	2	Niall Bracken	Mountmellick Community School
3	Chloe Breen	Clonaslee Vocational School	3	Oisín Bennett	Mountrath Community School

DISTANCE RESULTS

DISTANCE RESULTS					
MINOR GIRLS 700m			MINOR BOYS 700m		
Pos.	ATHLETES NAME	SCHOOL	Pos.	ATHLETES NAME	SCHOOL
1	Sarah Delaney	Heywood Community School	1	Cathal O' Shaughnessy	Heywood Community School
2	Niamh Mc Donald	Heywood Community School	2	Kevin Ogedegbe	St. Mary's CBS Portlaoise
3	Dearbhail Cuddy	Mountrath Community School	3	Joshua Gill	Mountmellick Community School
JUNIOR GIRLS 1100m			JUNIOR BOYS 1100m		
Pos.	ATHLETES NAME	SCHOOL	Pos.	ATHLETES NAME	SCHOOL
1	Jessica Brennan	Heywood Community School	1	Josh Lacey	Knockbeg College
2	Rebecca Balfe	Mountrath Community School	2	Eddie Allen	Mountrath Community School
3	Annie Digan	Clonaslee Vocational School	3	Cormac O' Brien	Knockbeg College
INTERMEDIATE GIRLS 1100m			INTERMEDIATE BOYS 1100m		
Pos.	ATHLETES NAME	SCHOOL	Pos.	ATHLETES NAME	SCHOOL
1	Elaine Daly	Scoil Chríost Rí	1	Cian Mc Donald	Heywood Community School
2	Aoife Daly	Scoil Chríost Rí	2	Cillian Bergin	Knockbeg College
3	Mary Hyland	Clonaslee Vocational School	3	Jack Lacey	Knockbeg College
SENIOR GIRLS 1100m			SENIOR BOYS 1100m		
Pos.	ATHLETES NAME	SCHOOL	Pos.	ATHLETES NAME	SCHOOL
1	Louise Stack	Scoil Chríost Rí	1	Jamie Wall	Knockbeg College
2	Aoibhean Lawlor	Clonaslee Vocational School	2	Niall Bracken	Mountmellick Community School
3	Aoife Hyland	Clonaslee Vocational School	3	Aidan Carey	Mountrath Community School

LONG JUMP RESULTS

MINOR GIRLS				MINOR BOYS			
Pos.	ATHLETES NAME	SCHOOL	DISTANCE	Pos.	ATHLETES NAME	SCHOOL	DISTANCE
1	Munirat Shobowale	Scoil Chríost Rí	4.18m	1	Mathew Bennett	Mountrath	3.69m
2	Sarah Delaney	Heywood	3.46m	2	Jake Dore	Knockbeg	3.59m
3	Dearbhail Cuddy	Mountrath	3.45m	3	Michael Hosey	Knockbeg	3.40m
JUNIOR GIRLS				JUNIOR BOYS			
Pos.	ATHLETES NAME	SCHOOL	DISTANCE	Pos.	ATHLETES NAME	SCHOOL	DISTANCE
1	Suzanna Tuszynska	Scoil Chríost Rí	4.36m	1	Thomas Dunne	St. Mary's CBS	4.43m
2	Rebecca Balfe	Mountrath	3.95m	2	Cormac O'Brien	Knockbeg	4.34m
3	Katie Walsh	Scoil Chríost Rí	3.62m	3	Liam Seery	Knockbeg	4.30m
INTERMEDIATE GIRLS				INTERMEDIATE BOYS			
Pos.	ATHLETES NAME	SCHOOL	DISTANCE	Pos.	ATHLETES NAME	SCHOOL	DISTANCE
1	Jana Joha	Coláiste Íosagáin	4.45m	1	Neill Keane	St. Mary's CBS	5.38m
2	Laura Stapleton	Heywood	4.39m	2	Eoin Keenan	St. Mary's CBS	5.01m
3	Kiahara Dempsey	Scoil Chríost Rí	4.13m	3	Jake Dargan	St. Mary's CBS	4.17m
SENIOR GIRLS				SENIOR BOYS			
Pos.	ATHLETES NAME	SCHOOL	DISTANCE	Pos.	ATHLETES NAME	SCHOOL	DISTANCE
1	Aoife Hyland	Clonaslee	3.80m	1	Adam Coss	Mountmellick	5.21m
2	Erin Murray	Clonaslee	3.29m	2	William Wren	Clonaslee	4.79m
3	Ciara Walsh	Mountrath	3.08m	3	Liam Senior	Clonaslee	4.42m

SHOT PUTT RESULTS

MINOR GIRLS				MINOR BOYS			
Pos.	ATHLETES NAME	SCHOOL	DISTANCE	Pos.	ATHLETES NAME	SCHOOL	DISTANCE
1	Munirat Shobowale	Scoil Chríost Rí	8.15m	1	Craid Doyle	Knockbeg	8.61m
2	Emma McCann	Scoil Chríost Rí	7.40m	2	Shane Buggy	Knockbeg	8.08m
3	Larissa Wiseley	Clonaslee	6.88m	3	Oisín Byrne	Knockbeg	7.93m
JUNIOR GIRLS				JUNIOR BOYS			
Pos.	ATHLETES NAME	SCHOOL	DISTANCE	Pos.	ATHLETES NAME	SCHOOL	DISTANCE
1	Bunmi Ojejimi	Scoil Chríost Rí	7.56m	1	Ivan Jones	Knockbeg	9.48m
2	Katie Walsh	Scoil Chríost Rí	7.51m	2	Josh Lacey	Knockbeg	8.43m
3	Suzanna Tuszynska	Scoil Chríost Rí	7.01m	3	Mathew Mc Donald	Mountmellick	7.47m
INTERMEDIATE GIRLS				INTERMEDIATE BOYS			
Pos.	ATHLETES NAME	SCHOOL	DISTANCE	Pos.	ATHLETES NAME	SCHOOL	DISTANCE
1	Elaine Daly	Scoil Chríost Rí	9.60m	1	Eoin Keenan	St. Mary's CBS	10.51m
2	Kiahara Dempsey	Scoil Chríost Rí	9.04m	2	Lee Mullen	St. Mary's CBS	9.05m
3	Erica Razmaite	Coláiste Íosagáin	8.98m	3	Neill Keane	St. Mary's CBS	8.50m
SENIOR GIRLS				SENIOR BOYS			
Pos.	ATHLETES NAME	SCHOOL	DISTANCE	Pos.	ATHLETES NAME	SCHOOL	DISTANCE
1	Erin Murray	Clonaslee	7.24m	1			
2	Aoife Hyland	Clonaslee	6.80m	2			
3	Chloe Breen	Clonaslee	6.32m	3			

RELAY RESULTS

RELAY RESULTS			
MINOR GIRLS		MINOR BOYS	
Pos.	SCHOOL	Pos.	SCHOOL
1	Scoil Chríost Rí	1	Knockbeg College (Team "A")
2	Heywood Community School	2	Mountrath Community School
3	Clonaslee Vocational School	3	Knockbeg College (Team "B")
JUNIOR GIRLS		JUNIOR BOYS	
Pos.	SCHOOL	Pos.	SCHOOL
1	Heywood Community School	1	Coláiste Íosagáin
2	Mountmellick Community School	2	St. Mary's CBS Portlaoise
3		3	Clonaslee Vocational School
INTERMEDIATE GIRLS		INTERMEDIATE BOYS	
Pos.	SCHOOL	Pos.	SCHOOL
1	Scoil Chríost Rí	1	St. Mary's CBS Portlaoise
2	Heywood Community School	2	Coláiste Íosagáin
3	Mountrath Community School	3	Clonaslee Vocational School
SENIOR GIRLS		SENIOR BOYS	
Pos.	SCHOOL	Pos.	SCHOOL
1	Scoil Chríost Rí	1	Mountmellick Community School
2	Mountrath Community School	2	Mountrath Community School
3	Clonaslee Vocational School	3	Clonaslee Vocational School (Team "B")

Laois Primary Schools Track & Field

80m SPRINT RESULTS

4th CLASS GIRLS			4th CLASS BOYS		
Pos.	ATHLETES NAME	SCHOOL	Pos.	ATHLETES NAME	SCHOOL
1	Alice Kearns	Emo	1	Charles Ogundere	St. Pauls, Portlaoise
2	Sally Horgan	Ballyfin	2	Ronan Creery	St. Colmans, Stradbally
3	Faye McEvoy	Ballyroan	3	Blake Kemmy	Cosby, Stradbally
5th CLASS GIRLS			5th CLASS BOYS		
Pos.	ATHLETES NAME	SCHOOL	Pos.	ATHLETES NAME	SCHOOL
1	Abbie Whitelegg	Presentation Portarlinton	1	John Ikpotokin	Sandy Lane, Portarlinton
2	Chloe Keenan	Emo	2	Jamie Coleman	St. Pauls, Portlaoise
3	Seoighe English	Killeshin	3	Ben McDonald	St. Pauls, Portlaoise
6th CLASS GIRLS			6th CLASS BOYS		
Pos.	ATHLETES NAME	SCHOOL	Pos.	ATHLETES NAME	SCHOOL
1	Helen Ikpotokin	Sandy Lane, Portarlinton	1	Josh McDonald	Ballylinan
2	Ava O'Connor	Emo	2	Eoin Worrell	Sandy Lane, Portarlinton
3	Ava Lawlor	St. Josephs, Mountmellick	3	Andrei Stroe	Portlaoise Educate Together

DISTANCE RESULTS

DISTANCE RESULTS					
4th CLASS GIRLS 600m			4th CLASS BOYS 600m		
Pos.	ATHLETES NAME	SCHOOL	Pos.	ATHLETES NAME	SCHOOL
1	Faye McEvoy	Ballyroan	1	Jack Fenlon	Rath, Ballybrittas
2	Sally Horgan	Ballyfin	2	Blake Kemmy	Cosby, Stradbally
3	Katie Donoghue	St. Colmans, Stradbally	3	Conor Whearty	St. Colmans, Stradbally
5th CLASS GIRLS 800m			5th CLASS BOYS 800m		
Pos.	ATHLETES NAME	SCHOOL	Pos.	ATHLETES NAME	SCHOOL
1	Seoighe English	Killeshin	1	Diarmuid Dooley	Clonaghadoo
2	Méabh Gallagher	Arles	2	Ryan Little	Rath, Ballybrittas
3	Lucy Goode	Ballyfin	3	Jamie Toman	St. Pauls, Portlaoise
6th CLASS GIRLS 1000m			6th CLASS BOYS 1000m		
Pos.	ATHLETES NAME	SCHOOL	Pos.	ATHLETES NAME	SCHOOL
1	Ava O'Connor	Emo	1	Ronan Hyland	Clonaghadoo
2	Katie Eacrett	Sandy Lane, Portarlinton	2	Eoin Worrell	Sandylane, Portarlinton
3	Della Doherty	Presentation Portarlinton	3	Shaun Fitzpatrick	Ballyroan

TURBO JAVELIN RESULTS

4th CLASS GIRLS				4th CLASS BOYS			
Pos.	ATHLETES NAME	SCHOOL	DISTANCE	Pos.	ATHLETES NAME	SCHOOL	DISTANCE
1	Alisha Lawless	St. Colmans, Stradbally	10.20m	1	Blake Kemmy	Cosby, Stradbally	20.72m
2	Katie Donoghue	St. Colmans, Stradbally	9.31m	2	Cian O'Gorman	St. Pauls, Portlaoise	18.4m
3	Rachel Dunne	Ballyfin	9.10m	3	David Coss	Scoil Phadraig Naofa Mountmellick	17.06m

LONG JUMP RESULTS

5th CLASS GIRLS				5th CLASS BOYS			
Pos.	ATHLETES NAME	SCHOOL	DISTANCE	Pos.	ATHLETES NAME	SCHOOL	DISTANCE
1	Chloe Keenan	Emo	3.84m	1	Jamie Toman	St. Pauls, Portlaoise	3.81m
2	Seoighe English	Killeshin	3.58m	2	Killian Byrne	Ballyroan	3.56m
3	Méabh Gallagher	Arles	3.49m	3	Ben O'Dea	Ballyroan	3.55m
				3	Ben Slattery	Arles	3.55m

HIGH JUMP RESULTS

6th CLASS GIRLS				6th CLASS BOYS			
Pos.	ATHLETES NAME	SCHOOL	HEIGHT	Pos.	ATHLETES NAME	SCHOOL	HEIGHT
1	Orla Hennessy	St. Colmans, Stradbally	1.30m	1	Josh McDonald	Ballylinan	1.25m
2	Sarah Tuohy	St. Colmans, Stradbally	1.20m	2	Colin Dunne	Killeen	1.20m
2	Kate Westlake	St. Pauls, Portlaoise	1.20m	2	Eddie O'Moregie	Killeen	1.20m
3	Molly Keary	Presentaton Portarlinton	1.20m	3	Davin McEvoy	Ballyroan	1.20m

RELAY RESULTS

RELAY RESULTS			
4th CLASS GIRLS		4th CLASS BOYS	
Pos.	SCHOOL	Pos.	SCHOOL
1	Emo	1	St. Pauls, Portlaoise
2	St. Colmans, Stradbally	2	St. Colmans, Stradbally
3	Portlaoise Educate Together	3	Portlaoise Educate Together
5th CLASS GIRLS		5th CLASS BOYS	
Pos.	SCHOOL	Pos.	SCHOOL
1	Presentation Girls Portarlinton	1	St. Pauls, Portlaoise
2	Emo	2	Ballyfin
3	Ballyfin	3	Clonaghadoo
6th CLASS GIRLS		6th CLASS BOYS	
Pos.	SCHOOL	Pos.	SCHOOL
1	Emo	1	Ballyfin
2	St. Colmans, Stradbally	2	St. Pauls, Portlaoise
3	Presentation Portarlinton	3	Portlaoise Educate Together

4th CLASS GIRLS 800m

37 Athletes in Total				POINTS			TEAM SCORES		
Pos.	ATHLETES NAME	SCHOOL	Team Places	1	2	3	WINNING SCHOOL	POINTS	PLACE
1	Cara Goode	Ballyfin NS		3	6	19	Presentation Portarlinton	28	1st
2	Eve Doyle	The Heath NS		4	10	16	Rath	30	2nd
3	Aoife Roberts	Presentation Portarlinton		9	11	13	Gael Scoil Portlaoise	33	3rd
				7	8	21	Emo	36	4th
				12	14	20	Clonaghadoo	46	5th
				2	25	26	The Heath	53	6th
				15	23	29	Ballyroan	67	7th

4th CLASS BOYS 800m

30 Athletes in Total				POINTS			TEAM SCORES		
Pos.	ATHLETES NAME	SCHOOL	Team Places	1	2	3	WINNING SCHOOL	POINTS	PLACE
1	Oisín Lalor	Clonaghadoo NS		3	5	6	The Heath	14	1st
2	Niall Lalor	Clonaghadoo NS		4	13	14	Emo	31	2nd
3	Cillian O'Connell	The Heath NS		7	9	10	Rath	26	3rd
				12	15	18	Scoil Eoin Pol Naofa Ballyroan	45	4th
				21	22	25	Gael Scoil Portlaoise	68	5th

5th CLASS GIRLS 1000m

39 Athletes in Total									
		POINTS			TEAM SCORES				
Pos.	ATHLETES NAME	SCHOOL	Team Places	1	2	3	WINNING SCHOOL	POINTS	PLACE
1	Faye McEvoy	Ballyroan NS		1	3	11	Scoil Eoin Pol Naofa Ballyroan	15	1st
2	Aoibhin McDonald	Gaelscoil Portlaoise		9	10	13	The Heath	32	2nd
3	Tara McDonald	Ballyroan NS		6	14	21	Rath	41	3rd
4				2	12	28	Gael Scoil Portlaoise	42	4th
5				4	20	29	Presentation Portarlinton	53	5th
6				8	23	24	Ballyfin	55	6th
7									
8									
9									

5th CLASS BOYS 1000m

36 Athletes in Total									
		POINTS			TEAM SCORES				
Pos.	ATHLETES NAME	SCHOOL	Team Places	1	2	3	WINNING SCHOOL	POINTS	PLACE
1	Jack Fenlon	Rath NS		1	5	6	Rath	12	1st
2	PJ Larkin	The Heath NS		4	8	13	Clonaghadoo	25	2nd
3	David Costello	Emo NS		2	9	18	The Heath	29	3rd
				12	14	19	Ballyfin	45	4th
				16	20	26	Gael Scoil Portlaoise	62	5th

6th CLASS GIRLS 1300m

30 Athletes in Total										
Pos.	ATHLETES NAME	SCHOOL	Team Places	POINTS			TEAM SCORES			
				1	2	3	WINNING SCHOOL	POINTS	PLACE	
1	Becky Mullally	Presentation Portarlinton		1	2	3	Presentation Portarlinton Emo The Heath Gael Scoil Portlaoise Rath Scoil Eoin Pol Naofa Ballyroan	6 21 42 48 53 59	1st 2nd 3rd 4th 5th 6th	
2	Sinead Coffey	Presentation Portarlinton		4	8	9				
3	Megan Murray	Presentation Portarlinton		12	14	16				
				13	17	18				
				5	22	26				
				15	19	25				

6th CLASS BOYS 1300m

26 Athletes in Total										
Pos.	ATHLETES NAME	SCHOOL	Team Places	POINTS			TEAM SCORES			
				1	2	3	WINNING SCHOOL	POINTS	PLACE	
1	Ben Doyle	The Heath NS		2	5	7	Gael Scoil Portlaoise The Heath Scoil Eoin Pol Naofa Ballyroan Emo	14 16 18 36	1st 2nd 3rd 4th	
2	Eoin McGrath	Gaelscoil Portlaoise		1	6	9				
3	Jack McMahon	Ballyroan NS		3	4	11				
				10	12	14				

Laois Secondary School Cross Country MINOR GIRLS 1000m

Pos.	ATHLETES NAME	SCHOOL	TIME	TEAM SCORES				WINNING SCHOOL	POINTS	PLACE
				1	2	3	4			
1	Niamh McDonald	Heywood Community School		■				SCOIL CHRÍOST RÍ Emma McCann Munirat Shobowale Aoibha O'Brien Sheena Moore	22	1st
2	Sarah Delaney	Heywood Community School			■					
3	Dearbhail Cuddy	Mountrath Community School		■						
4	Emma McCann	Scoil Chríost Rí		■						
5	Munirat Shobowale	Scoil Chríost Rí			■			HEYWOOD Niamh McDonald Sarah Delaney Sinéad McEvoy Sophie Mulhall	23	2nd
6	Aoibha O'Brien	Scoil Chríost Rí				■				
7	Sheena Moore	Scoil Chríost Rí					■			
8	Sinéad McEvoy	Heywood Community School				■				
9	Emma Doyle	Coláiste Iosagáin						MOUNTRATH Dearbhail Cuddy Ciara Phelan Niamh Robertson Freda Byrne	50	3rd
10	Showna Lindsay	Coláiste Iosagáin								
11	Corey Fox	Mountmellick Community School								
12	Sophie Mulhall	Heywood Community School					■			
13	Ciara Phelan	Mountrath Community School			■					
14	Niamh Robertson	Mountrath Community School				■				
15	Deborah Ilori	Coláiste Iosagáin								
16	Evelina Detnovska	Portlaoise College								
17	Rose Lennard	Heywood Community School								
18	Caitlin Dunne	Clonaslee College								
19	Akira Okonkwo	Portlaoise College								
20	Freda Byrne	Mountrath Community School					■			
21	Nikasha Oke	Scoil Chríost Rí								
22	Sarah Sheehey	Scoil Chríost Rí								
23	Larissa Wesley	Clonaslee College								
24	Mary Flynn	Clonaslee College								
25	Emma Roche	Scoil Chríost Rí								
26	Jessie Hyland	Scoil Chríost Rí								

MINOR BOYS 1000m

Pos.	ATHLETES NAME	SCHOOL	TIME	TEAM SCORES				WINNING SCHOOL	POINTS	PLACE
				1	2	3	4			
1	T.J. Burke	Knockbeg College		■				KNOCKBEG 'A' T.J. Burke Shane Buggy Jack Fennelly Jack Dore	15	1st
2	Owen Fitzpatrick	Heywood Community School								
3	Shane Buggy	Knockbeg College			■					
4	Jack Fennelly	Knockbeg College				■				
5	Eoin Higgins	Coláiste Iosagáin						KNOCKBEG 'B' Orrie Doran Fionn Bergin Oisín Byrne Adam Doyle	41	2nd
6	Oisín Jago	Mountrath Community School		■						
7	Jack Dore	Knockbeg College					■			
8	Orrie Doran	Knockbeg College		■						
9	Fionn Bergin	Knockbeg College			■			MOUNTRATH Oisín Jago Noah Quilan Mathew Bennett Reuben Murry	42	3rd
10	Noah Quilan	Mountrath Community School			■					
11	Oisín Byrne	Knockbeg College				■				
12	Mathew Bennett	Mountrath Community School					■			
13	Adam Doyle	Knockbeg College					■			
14	Reuben Murray	Mountrath Community School					■			
15	Adam Fennelly	Knockbeg College								
16	Corey O'Connor	Mountrath Community School								
17	David Aderogba	Mountmellick Community School								
18	P.J. Ward	Coláiste Iosagáin								
19	Samuel Emanuel	St. Mary's C.B.S.								
20	Lee Dowling	Knockbeg College								
21	Michael Hosey	Knockbeg College								
22	Gearoid Dempsey	St. Mary's C.B.S.								
23	Emanuel Abebe	St. Mary's C.B.S.								
24	John Farrell	Knockbeg College								



Laois Secondary Schools Cross Country Championships

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MINOR BOYS 1000m CONTINUED

Pos.	ATHLETES NAME	SCHOOL	TIME	TEAM SCORES				WINNING SCHOOL	POINTS	PLACE
				1	2	3	4			
25	Charles Agha	St. Mary's C.B.S.								
26	Daniel Shaerain	Heywood Community School								
27	Shaun Geothegan	Knockbeg College								
28	Tiernan Cahill	St. Mary's C.B.S.								
29	Harry Fennelly	Knockbeg College								
30	Séan O'Connor	Mountrath Community School								
31	Tommy Fitzharris	Knockbeg College								
32	Alan Deering	Portlaoise College								
33	Jimmy Hegarty	Mountrath Community School								
34	Johnathon Murray	Mountrath Community School								
35	Tom Condon	Clonaslee College								
36	Oisín Kelly	Clonaslee College								
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Laois Secondary Schools Cross Country Championships

20th January 2016

Venue: O' Dempsey's GAA Park, Killenard

JUNIOR GIRLS 1000m

Pos.	ATHLETES NAME	SCHOOL	TIME	TEAM SCORES				WINNING SCHOOL	POINTS	PLACE
				1	2	3	4			
1	Jessica Brennan	Heywood Community School								
2	Holly Bowe	St. Fergal's College								
3	Rebecca Balfe	Mountrath Community School								
4	Sarah McMahan	Heywood Community School								
5	Isobel Churchouse	Heywood Community School								
6	Katie Walsh	Scoil Chríost Rí								
7	Leah McKenna	Coláiste Iosagáin								
8	Lauren Barry	Coláiste Iosagáin								
9	Annie Digan	Clonaslee College								
10	Niamh Horan	Clonaslee College								
11										
12										
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23										
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JUNIOR BOYS 2000m

				TEAM SCORES						
Pos.	ATHLETES NAME	SCHOOL	TIME	1	2	3	4	WINNING SCHOOL	POINTS	PLACE
1	Eddie Allen	Mountrath Community School						KNOCKBEG Josh Lacey Cormac O'Brien David McDonald Leeson Hughes	30	1st
2	Curtis Lee	Mountmellick Community School								
3	Josh Lacey	Knockbeg College								
4	Cormac O'Brien	Knockbeg College								
5	Patrick McNery	Mountrath Community School						MOUNTRATH Eddie Allen Patrick McNery Fionn McWey Hugh Nevin	45	2nd
6	Mathew McDonald	Mountmellick Community School								
7	Oisín Murray	Clonaslee College								
8	Ciaran Fitzgerald	Clonaslee College								
9	David McDonald	Knockbeg College						MOUNTMELLICK Curtis Lee Mathew McDonald Romio Ncube Peter Dunne	52	3rd
10	Darragh Corcoran	St. Mary's C.B.S.								
11	Devlin McLoughlin	Coláiste Iosagáin								
12	Oj Adesiyen	St. Mary's C.B.S.								
13	Emmanuel Illori	Coláiste Iosagáin								
14	Leeson Hughes	Knockbeg College								
15	Kevin Oqusa	St. Mary's C.B.S.								
16	Fionn McWey	Mountrath Community School								
16	Ceilium Coughlan	Coláiste Iosagáin								
17	Mike Cunningham	Coláiste Iosagáin								
18	Tom Cranny	St. Mary's C.B.S.								
19	Romio Ncube	Mountmellick Community School								
20	Oly Solanke	Coláiste Iosagáin								
21	Ben Slevin	Coláiste Iosagáin								
22	Eoin Conroy	Clonaslee College								
23	Hugh Nevin	Mountrath Community School								



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JUNIOR BOYS 2000m CONTINUED

					TEAM SCORES						
Pos.	ATHLETES NAME	SCHOOL	TIME	1	2	3	4	WINNING SCHOOL	POINTS	PLACE	
24	Conor Sharpe	Coláiste Iosagáin									
25	Peter Dunne	Mountmellick Community School									
26	James Haverlin	Coláiste Iosagáin									
27	Conor Sharpe	Coláiste Iosagáin									
28	Cian Mills	Mountrath Community School									
29	Killian Cuddy	Mountrath Community School									
30	Dima Smotkin	Portlaoise College									
31	Denis Nevin	Mountrath Community School									
32	Adam Boyhan	Mountrath Community School									
33	Dean Dowling	Mountrath Community School									
34	Shuja Rashwed	Portlaoise College									



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INTERMEDIATE GIRLS 2000m

					TEAM SCORES					
Pos.	ATHLETES NAME	SCHOOL	TIME	1	2	3	4	WINNING SCHOOL	POINTS	PLACE
1	Amy Walsh	Scoil Chríost Rí						SCOIL CHRÍOST RÍ Amy Walsh Charlie Walsh Kiahara Dempsey Vicky Mangale	15	1st
2	Charlie Walsh	Scoil Chríost Rí								
3	Mary Hyland	Clonaslee College								
4	Kiahara Dempsey	Scoil Chríost Rí								
5	Wendy Obulor	Heywood Community School								
6	Jessica O'Brien	Mountrath Community School								
7	Emma Lawlor	Clonaslee College								
8	Vicky Mangale	Scoil Chríost Rí								
9	Breda Lowry	St. Fergal's College								
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INTERMEDIATE BOYS 3000m

Pos.	ATHLETES NAME	SCHOOL	TIME	TEAM SCORES				WINNING SCHOOL	POINTS	PLACE
				1	2	3	4			
1	Chris Whittle	Coláiste Iosagáin						KNOCKBEG Cialann Mulhall Finbar Kavanagh Jack Lacey Vincent Hendricken	24	1st
2	Cian McDonald	Heywood Community School								
3	Cialann Mulhall	Knockbeg College								
4	Adam Holden	St. Mary's C.B.S.						CLONASLEE Liam Senior Ryan Kilroy Shane Farrell Colin Grennan	49	2nd
5	Finbar Kavanagh	Knockbeg College								
6	Liam Senior	Clonaslee College								
7	Jack Lacey	Knockbeg College								
8	Séan Sheridan	St. Mary's C.B.S.						ST. MARY'S C.B.S Adam Holden Séan Sheridan Aaron Flannagan Eoin Keenan	46	3rd
9	Vincent Hendricken	Knockbeg College								
10	Patrick Mulligan	Heywood Community School								
11	Ryan Kilroy	Clonaslee College								
12	Emmanuel Phillips	Portlaoise College								
13	Shane Farrell	Clonaslee College						2nd		
14	Oisín Fitzpatrick	Heywood Community School								
15	Colin Grennan	Mountmellick Community School						ST. MARY'S CBS 46 PTS		
16	Aaron Flannagan	St. Mary's C.B.S.								
17	Creig Fitzgerald	Knockbeg College								
18	Eoin Keenan	St. Mary's C.B.S.						3rd		
19	Donnagh McCallaly	Clonaslee College								
20	Rossa O'Duffy	Clonaslee College						HEYWOOD 48PTS		
21	Robert Stephenson	Clonaslee College								
22	Adam O'Shaughnessy	Heywood Community School								
23	Gerard Kelly	Knockbeg College								
24	Eamon Glennon	Heywood Community School								

INTERMEDIATE BOYS 3000m CONTINUED

Pos.	ATHLETES NAME	SCHOOL	TIME	TEAM SCORES				WINNING SCHOOL	POINTS	PLACE
				1	2	3	4			
25	Ryan Coss	Mountrath Community School								
26	Darragh Ward	Mountrath Community School								
27	Victor Famokunwa	Mountrath Community School								
28	Nathan Aderoya	Mountrath Community School								
29	Jordan Murphy	Coláiste Iosagáin								
30	Paul Ryan	Heywood Community School								
31	George Blue	Mountmellick Community School								
32	Robbie O'Rourke	Mountrath Community School								
33	Tas McCabe	Heywood Community School								
34	Graham Devitt	Heywood Community School								
35	Lee Conroy	Clonaslee College								
36	Colin Bergin	Mountrath Community School								
37	Karl Deans	Mountmellick Community School								
38	Séan Condon	Clonaslee College								
39	Billy Friel	Clonaslee College								
40	Jack Farrell	Clonaslee College								
41	Finn Devine	Mountmellick Community School								
42	P.J. Moore	Heywood Community School								
43	Raphael Mapwata	Portlaoise College								
44	Gearóid Bowe	Mountrath Community School								



Laois Secondary Schools Cross Country Championships

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SENIOR GIRLS 2000m

				TEAM SCORES						
Pos.	ATHLETES NAME	SCHOOL	TIME	1	2	3	4	WINNING SCHOOL	POINTS	PLACE
1	Louise Stack	Mountrath Community School								
2	Aiobheann Lawlor	Clonaslee College								
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Laois Secondary Schools Cross Country Championships

20th January 2016

Venue: O' Dempsey's GAA Park, Killenard

SENIOR BOYS 3000m

Pos.	ATHLETES NAME	SCHOOL	TIME	TEAM SCORES				WINNING SCHOOL	POINTS	PLACE
				1	2	3	4			
1	Jamie Wall	Knockbeg College						CLONASLEE COLLEGE	39	1st
2	Oran O'Flaherty	Knockbeg College					Fiachra C. Fennell			
3	Luke Herke	St. Fergal's College					Jack Conroy			
4	Domhnall O'Farrell	Mountrath Community School					Patrick Hyland	MOUNTRATH		2nd
5	Declan Foyle	Heywood Community School					William Wren			
6	Fiachra C. Fennell	Clonaslee College		■			Domhnall O'Farrell			
7	Séan Downey	Heywood Community School					Aidan Corey			
8	David McCabe	St. Mary's C.B.S					Jack Core			
9	Aidan Corey	Mountrath Community School								
10	Jack Conroy	Clonaslee College			■					
11	Patrick Hyland	Clonaslee College				■				
12	William Wren	Clonaslee College					■			
13	Jack Core	Mountrath Community School								
14	Craig Saunders	St. Fergal's College								
15	Simon Geoghan	Portlaoise College								
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23										
24										



LAOIS COUNTY CROSS COUNTRY CHAMPIONSHIPS 2016

U8 GIRLS 400m

				TEAM SCORES						
Pos.	ATHLETES NAME	CLUB	NO'S	1	2	3	4	WINNING CLUBS	POINTS	PLACE
1	Cara English	St. Abbans								
2	Ciara Milton	St. Abbans								
3	Fragha Jones	St. Abbans								
4	Laura McEvoy	Ballyfin								
5	Róisín Brennan	Ballyfin								
6	Orla McEvoy	Rosenallis Kilcavan								
7	Isabel Stafford	Mountmellick								
8	Katelyn Eogan	Emo/Rath								
9	Lily Conroy	Mountmellick								
10	Emily Forrest	Mountmellick								

U8 BOYS 400m

Pos.	ATHLETES NAME	CLUB	NO'S	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
				1	2	3	4			
1	Callum Buggy	St. Abbans								
2	Eoghan Lawlor	Rosenallis Kilcavan								
3	Eoin O' Loughlin	Ballyfin								
4	Luke Dunne	Oughaval								
5	Paudy Peake	Rosenallis Kilcavan								
6	James McGrath	St. Abbans								
7	Riley Connolly	St. Michaels								
8	Izack Kenny	Portlaoise								
9	Raife Eogan	Emo/Rath								
10	Caoimhní O'Shaughnessy	Oughaval								

U10 GIRLS 800m

Pos.	ATHLETES NAME	CLUB	NO'S	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
				1	2	3	4			
1	Rachel Ayres	St. Abbans	3001	■				St. Abbans Rachel Ayres 1 Jessica Murray 2 Katie McGrath 4 Caoimhe Brennan 7	14	1st
2	Jessica Murray	St. Abbans	3003		■					
3	Jayne Hyland	Rosenallis Kilcavan	3703	■						
4	Katie McGrath	St. Abbans	3006			■				
5	Ella Dunne	Oughaval	3508					Rosenallis Kilcavan "A" Jayne Hyland 3 Niamh Peak 6 Aoibhinn McEvoy 12 Aela Davis 13	34	2nd
6	Niamh Peak	Rosenallis Kilcavan	3712		■					
7	Caoimhe Brennan	St. Abbans	3007				■			
8	Heidi Hackett	St. Michaels	3811							
9	Sophie Cullinan	Ballyfin	3129					Rosenallis Kilcavan "B" Sarah Mangan 15 Sioda Davis 18 Hanna Conroy 24 Ava Jewell 25	82	3rd
10	Aoibhinn Brennan	St. Abbans	3004							
11	Torrie Lee	Mountmellick	3413			■				
12	Aoibhinn McEvoy	Rosenallis Kilcavan	3701							
13	Aela Davis	Rosenallis Kilcavan	3704		■					
14	Isobel Brennan	Ballyroan Abbeyleix	3905							
15	Sarah Mangan	Rosenallis Kilcavan	3700	■						
16	Kirsten Murphy	St. Michaels	3813							
17	Nancy Quigley	Ballyfin	3104							
18	Sioda Davis	Rosenallis Kilcavan	3705		■					
19	Ellie Boland	Mountmellick	3417							
20	Abbie Brennan	St. Abbans	3005							
21	Ella Hannon Moss	Mountmellick	3424							
22	Moya Keating	Ballyfin	3133							
23	Caoimhe Brennan	St. Abbans	3002							
24	Hanna Conroy	Rosenallis Kilcavan	3702			■				
25	Ava Jewell	Rosenallis Kilcavan	3706				■			

U10 BOYS 800m

Pos.	ATHLETES NAME	CLUB	NO'S	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
				1	2	3	4			
1	Aron Lawlor	Rosenallis Kilcavan	3709					St. Abbans Timmy Byrne 2 Fionn O'Sullivan 4 Niall Kealy 5 Cameron Delaney 7	18	1st
2	Timmy Byrne	St. Abbans	3010							
3	Fionn Cuddy	Portlaoise	3301							
4	Fionn O'Sullivan	St. Abbans	3011					Rosenallis Kilcavan Aron Lawlor 1 Daithi Peake 6 Luke Molly 11 Jack Hyland 19	37	2nd
5	Niall Kealy	St. Abbans	3015							
6	Daithi Peake	Rosenallis Kilcavan	3727							
7	Cameron Delaney	St. Abbans	3012					Portlaoise Fionn Cuddy 3 Eoghan Lambe 9 Jack Murrell 10 Harrison Marshall 25	47	3rd
8	Cillian Whearty	Oughaval	3506							
9	Eoghan Lambe	Portlaoise	3300							
10	Jack Murrell	Portlaoise	3315							
11	Luke Molloy	Rosenallis Kilcavan	3711							
12	Ryan Lee	Mountmellick	3414							
13	Hugh Connolly	St. Michaels	3804							
14	Conor Lawlor	Mountmellick	3425							
15	Conor McCaul	Oughaval	3509							
16	Scott Delaney	St. Abbans	3013							
17	Jack Doyle	St. Abbans	3014							
18	John Cooney	St. Michaels	3805							
19	Jack Hyland	Rosenallis Kilcavan	3710							
20	Eoghan Lalor	Rosenallis Kilcavan	3707							
21	Denis Browne	Oughaval	3505							
22	Hally Browne	Oughaval	3504							
23	Fionn O'Neill	Ballyroan Abbeyleix	3901							
24	Rody McEvoy	Ballyroan Abbeyleix	3900							

U10 BOYS 800m CONTINUED

Pos.	ATHLETES NAME	CLUB	NO'S	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
				1	2	3	4			
25	Harrison Marshall	Portlaoise	3312							
26	Daniel Murrell	Portlaoise	3304							
27	Evan Styles	Mountmellick	3421							

U12 GIRLS 1400m

Pos.	ATHLETES NAME	CLUB	NO'S	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
				1	2	3	4			
1	Faye McEvoy	Ballyroan Abbeyleix	3912					St. Abbans Audrey Byrne 4 Aoibh McDonald 9 Holly Brennan 10 Katie Baldwin 12	35	1st
2	Poppy Hackett	St. Michaels	3801							
3	Amy Hyland	Rosenallis Kilcavan	3713							
4	Audrey Byrne	St. Abbans	3017	■				Mountmellick Chelsea Lee 6 Tijhani Onalimi 8 Sarah Coyle 11 Holly Jago 14	39	2nd
5	Kate Connolly	St. Michaels	3800							
6	Chelsea Lee	Mountmellick	3412	■						
7	Lucy Conroy	Rosenallis Kilcavan	3714							
8	Tijhani Onalimi	Mountmellick	3418		■					
9	Aoibh McDonald	St. Abbans	3020		■					
10	Holly Brennan	St. Abbans	3019			■				
11	Sarah Coyle	Mountmellick	3408			■				
12	Katie Baldwin	St. Abbans	3021				■			
13	Niamh Bland	Ballyfin	3106							
14	Holly Jago	Mountmellick	3411				■			
15	Emily Hughes	Rosenallis Kilcavan	3715							
16	Sally Horgan	Ballyfin	3132							
17	Lauren Rowan	St. Abbans	3022							
18	Aoife Cuddy	Portlaoise	3302							
19	Rebecca Marshall	Portlaoise	3311							
20	Abigail Culleton	Ballyfin	3105							
21	Sarah Murrell	Portlaoise	3314							
22	Rihanna Adeyanju	Mountmellick	3416							
23	Holly Byrne	St. Abbans	3018							

U12 BOYS 1400m

				TEAM SCORES						
Pos.	ATHLETES NAME	CLUB	NO'S	1	2	3	4	WINNING CLUBS	POINTS	PLACE
1	Jack Fenlon	St. Abbans	3025	■				St. Abbans "A" Jack Fenlon 1 Eoin Cawley 2 Adam Buggy 3 Lee Murray 4	10	1st
2	Eoin Cawley	St. Abbans	3028		■					
3	Adam Buggy	St. Abbans	3026			■				
4	Lee Murray	St. Abbans	3029				■			
5	Andy Murphy	St. Michaels	3808					Rosenallis Kilcavan Rory Lalor 6 Niall Lalor 7 Cathal McEvoy 10 Peter Doyle 11	34	2nd
6	Rory Lalor	Rosenallis Kilcavan	3718	■						
7	Niall Lalor	Rosenallis Kilcavan	3719		■					
8	Evan English	St. Abbans	3031	■						
9	Séan Corcoran	Ballyfin	3107					St. Abbans "B" Evan English 8 Jack Milton 13 Séan O'Sullivan 16 Ryan Harrington 17	54	3rd
10	Cathal McEvoy	Rosenallis Kilcavan	3717			■				
11	Peter Doyle	Rosenallis Kilcavan	3721				■			
12	Sam O'Loughlin	Ballyfin	3108							
13	Jack Milton	St. Abbans	3032		■					
14	Barry McEvoy	Rosenallis Kilcavan	3716							
15	Niall Conroy	Rosenallis Kilcavan	3722							
16	Séan O'Sullivan	St. Abbans	3030			■				
17	Ryan Harrington	St. Abbans	3027				■			
18	Séan Grogan	Ballyroan Abbeyleix	3909							
19	Conor Whelan	Rosenallis Kilcavan	3720							
20	Luke Carroll	Ballyfin	3109							
21	Eoghan Keane	Ballyfin	3110							

U14 GIRLS 2000m

Pos.	ATHLETES NAME	CLUB	NO'S	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
				1	2	3	4			
1	Niamh McDonald	Ballyroan Abbeyleix	3916					Rosenallis Kilcavan Grainne Lalor 4 Orla Whelan 5 Amy McKane 7 Ellen Conroy 8	24	1st
2	Seoigha English	St. Abbans	3034							
3	Ita Conroy	Mountmellick	3409							
4	Grainne Lalor	Rosenallis Kilcavan	3723					Ballyfin Kate Corcoran 11 Megan Adams 12 Caitriona Phelan 13 Róisín Bland 15	51	2nd
5	Orla Whelan	Rosenallis Kilcavan	3724							
6	Siofra Marum	Portlaoise	3309							
7	Amy McKane	Rosenallis Kilcavan	3725					St. Abbans Seoigha English 2 Eadaoin Cawley 14 Eadaoin Coady 17 Emma Dermody 21	54	3rd
8	Ellen Conroy	Rosenallis Kilcavan	3726							
9	Sinead McEvoy	Ballyroan Abbeyleix	3917							
10	Jade Carroll	Ballyroan Abbeyleix	3918							
11	Kate Corcoran	Ballyfin	3118							
12	Megan Adams	Ballyfin	3119							
13	Caitriona Phelan	Ballyfin	3112							
14	Eadaoin Cawley	St. Abbans	3035							
15	Róisín Bland	Ballyfin	3114							
16	Munirat Shobowale	Mountmellick	3406							
17	Eadaoin Coady	St. Abbans	3036							
18	Eva Cullinan	Ballyfin	3130							
19	Amber Culleton	Ballyfin	3111							
20	Kora Davis	Ballyfin	3113							
21	Emma Dermody	St. Abbans	3037							
22	Ebony Onalimi	Mountmellick	3405							

U14 BOYS 2000m

				TEAM SCORES						
Pos.	ATHLETES NAME	CLUB	NO'S	1	2	3	4	WINNING CLUBS	POINTS	PLACE
1	Ronan Hyland	Rosenallis Kilcavan	3729	■				Rosenallis Kilcavan Ronan Hyland 1 David Dooley 2 Jimmy Hyland 6 Adam Molloy 8	17	1st
2	David Dooley	Rosenallis Kilcavan	3731		■					
3	Oisín Jago	Oughaval	3502							
4	Charlie Hackett	St. Michaels	3814							
5	Jack McMahon	Ballyroan Abbeyleix	3920							
6	Jimmy Hyland	Rosenallis Kilcavan	3728			■				
7	Conor Whearty	Oughaval	3507							
8	Adam Molloy	Rosenallis Kilcavan	3735				■			
9	Ben Holden	Mountmellick	3401							
10	Shane Buggy	St. Abbans	3040							
11	Jack Delaney	Portlaoise	3305							

U16 GIRLS 2500m

Pos.	ATHLETES NAME	CLUB	NO'S	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
				1	2	3	4			
1	Rebecca Fenlon	St. Abbans	3045					St. Abbans Rebecca Fenlon 1 Cara Maher 3 Aoife Gallagher 8 Ciara Harrington 9	21	1st
2	Orla Fennelly	Oughaval	3511							
3	Cara Maher	St. Abbans	3044							
4	Sarah Delaney	Ballyroan Abbeyleix	3922							
5	Sarah McMahan	Ballyroan Abbeyleix	3923							
6	Dearbhail Cuddy	Ballyfin	3115							
7	Jessica Brennan	Ballyroan Abbeyleix	3921							
8	Aoife Gallagher	St. Abbans	3048							
9	Ciara Harrington	St. Abbans	3046							
10	Sarah Graham	St. Abbans	3047							
11	Julia Deegan	St. Abbans	3049							
12	Ciara Phelan	Ballyfin	3116							

U18 GIRLS 4000m

					TEAM SCORES					
Pos.	ATHLETES NAME	CLUB	NO'S	1	2	3	4	WINNING CLUBS	POINTS	PLACE
1	Maebh Maher	St. Abbans	3050							
2	Aisling Whooley	St. Michaels	3803							
3	Amy Walsh	Portlaoise	3306							
4	Lucy Deegan	St. Abbans	3051							

U18 BOYS 5000m

				TEAM SCORES							
Pos.	ATHLETES NAME	CLUB	NO'S	1	2	3	4	WINNING CLUBS		POINTS	PLACE
1	Cian Kelly	St. Abbans	3057					St. Abbans Cian Kelly 1 Declan Roberts 5 Cillian Mulhall 6 Liam Stock 10	22	1st	
2	Cian McDonald	Ballyroan Abbeyleix	3929								
3	Adam Holden	Mountmellick	3400								
4	Fionn Marum	Portlaoise	3307								
5	Declan Roberts	St. Abbans	3056								
6	Cillian Mulhall	St. Abbans	3058					Mountmellick Adam Holden 3 Colin Grennan 8 Niall Bracken 9 Carl Deans 11	31	2nd	
7	Séan Sheridan	Oughaval	3501								
8	Colin Grennan	Mountmellick	3404								
9	Niall Bracken	Mountmellick	3402								
10	Liam Stock	St. Abbans	3055								
11	Carl Deans	Mountmellick	3403								
12	Daniel Ayodeji	Mountmellick	3407								

NOVICE LADIES 3K

Pos.	ATHLETES NAME	CLUB	NO'S	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
				1	2	3	4			
1	Joanne Carroll	Portlaoise	3323					St. Abbans "A" Sinéad Kelly 2 Mary Ellen Doyle 3 Margo Dowling 4 Caitriona McDonald 5	14	1st
2	Sinéad Kelly	St. Abbans	3216							
3	Mary Ellen Doyle	St. Abbans	3215							
4	Margo Dowling	St. Abbans	3209							
5	Caitriona McDonald	St. Abbans	3200							
6	Josceleyne Ayres	St. Abbans	3206					Portlaoise Joanne Carroll 1 Patricia Cuddy 7 Anna Duggan 10 Caitriona Marshall 14	32	2nd
7	Patricia Cuddy	Portlaoise	3310							
8	Marie Murray	St. Abbans	3212							
9	Sharon Buggy	St. Abbans	3202							
10	Anna Duggan	Portlaoise	3322							
11	Deidre Brennan	St. Abbans	3211					St. Abbans "B" Josceleyne Ayres 6 Marie Murray 8 Sharon Buggy 9 Deidre Brennan 11	34	3rd
12	Antoinette Mills	Ballyroan Abbeyleix	3940							
13	Karen Connolly	Oughaval	3510							
14	Caitriona Marshall	Portlaoise	3301							
15	Colette Brennan	St. Abbans	3214							
16	Sarah Conroy	Portlaoise	3321							
17	Martina Gardiner	Portlaoise	3316							
18	Aoife O'Malley	Portlaoise	3324							
19	Suzanne Miley	Portlaoise	3320							

NOVICE MENS 6K

Pos.	ATHLETES NAME	CLUB	NO'S	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
				1	2	3	4			
1	Colm Fitzgerald	Portlaoise	3317					St. Abbans Colin Coyne 2 Séan Geoghan 3 James Nolan 6 Liam Byrne 9	20	1st
2	Colin Coyne	St. Abbans	3091	■						
3	Séan Geoghan	St. Abbans	3097		■					
4	Patrick Marshall	Portlaoise	3313							
5	Trevor McCormack	Portlaoise	3318					Ballyfin Liam Buggy 8 Andrew Kehoe 12 Francis Keating 13 Paul Dunne 17	50	2nd
6	James Nolan	St. Abbans	3096			■				
7	Noel Burke	Ballyroan Abbeyleix	3934	■						
8	Liam Buggy	Ballyfin	3123	■						
9	Liam Byrne	St. Abbans	3093				■	Ballyroan Noel Burke 7 Paul Burke 10 Shaun Maher 16 Jim O'Shea 18	51	3rd
10	Paul Burke	Ballyroan Abbeyleix	3933		■					
11	Niall English	St. Abbans	3092							
12	Andrew Kehoe	Ballyfin	3122		■					
13	Francis Keating	Ballyfin	3121			■				
14	Francis Flemming	St. Abbans	3090							
15	Aran Murphy	St. Abbans	3095							
16	Shaun Maher	Ballyroan Abbeyleix	3935			■				
17	Paul Dunne	Ballyfin	3124				■			
18	Jim O'Shea	Ballyroan Abbeyleix	3936				■			

U9 GIRLS 600m

Pos.	ATHLETES NAME	CLUB	NO'S	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
				1	2	3	4			
1	Emma Jane Cuddy	Portlaoise	3303					St. Abbans "A" Cara English 3 Ciara Milton 5 Freya Jones 9 Caoimhe Brennan 11	28	1st
2	Jayne Hyland	Rosenallis Kilcavan	3703							
3	Cara English	St. Abbans	3001	Yellow						
4	Ruby Phelan	St. Michaels	3812	Grey				St. Michaels Ruby Phelan 4 Heidi Hackett 6 Holy McAuliffe 10 Penny Chadwick 30	50	2nd
5	Ciara Milton	St. Abbans	3002		Yellow					
6	Heidi Hackett	St. Michaels	3826		Grey					
7	Aoibheann O'Rourke	Ballyfin	3127	Orange				Ballyfin Aoibheann O'Rourke 7 Vanessa O'Sullivan 14 Róisín Brennan 19 Jessica Downey 20	60	3rd
8	Mary Boland	Oughaval	3523							
9	Freya Jones	St. Abbans	3005			Yellow				
10	Holly McAuliffe	St. Michaels	3821			Grey				
11	Caoimhe Brennan	St. Abbans	3004				Yellow			
12	Charlotte Fee	Oughaval	3515							
13	Orlaith McEvoy	Rosenallis Kilcavan	3737							
14	Vanessa O'Sullivan	Ballyfin	3128		Orange					
15	Isabelle Brennan	Ballyroan Abbeyleix	3907							
16	Aoife McKittrick	Ballyroan Abbeyleix	3908							
17	Emma Malone	St. Abbans	3012							
18	Ella Hannon Moss	Mountmellick	3424							
19	Róisín Brennan	Ballyfin	3134			Orange				
20	Jessica Downey	Ballyfin	3120				Orange			
21	Holly Hughes	St. Abbans	3007							
22	Aoibheann Brennan	St. Abbans	3003							
23	Kerry McGuire	St. Abbans	3013							
24	Lilly Conroy	Rosenallis Kilcavan	3738							
25	Aine O'Neill	Ballyroan Abbeyleix	3906							
26	Ruby Mansell	Portlaoise	3300							

U9 GIRLS 600m CONTINUED

Pos.	ATHLETES NAME	CLUB	NO'S	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
				1	2	3	4			
27	Aisling Lambe	Portlaoise	3604							
28	Aoife Jago	Mountmellick	3411							
29	April Lawlor	St. Abbans	3011							
30	Penny Chadwick	St. Michaels	3819							
31	Kate Sheridan	Oughaval	3518							
32	Nicola O'Sullivan	Ballyfin								

U9 BOYS 600m

Pos.	ATHLETES NAME	CLUB	NO'S	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
				1	2	3	4			
1	Fionn Cuddy	Portlaoise	3304					St. Abbans Kalem Buggy 2 Kyle Hancock 9 Ben Reid 14 Cian O'Sullivan 18	43	1st
2	Kalem Buggy	St. Abbans	3018							
3	Ryan Lee	Mountmellick	3414							
4	Odhrán Reilly	St. Michaels	3817					Rosenallis Kilcavan Daithi Peake 6 Eoghan Lalor 12 Jack Hyland 13 Tadhg Hughes 17	48	2nd
5	Eoin O'Loughlin	Ballyfin	3137							
6	Daithi Peake	Rosenallis Kilcavan	3727							
7	Darragh Brady	Portlaoise	3324					Portlaoise Fionn Cuddy 1 Darragh Brady 7 Tom Caley 20 Daniel Murrell 21	49	3rd
8	Séan McAuliffe	St. Michaels	3816							
9	Kyle Hancock	St. Abbans	3028							
10	Luke Dunne	Oughaval	3521							
11	Ben Meade	Ballyfin	3135							
12	Eoghan Lalor	Rosenallis Kilcavan	3707							
13	Jack Hyland	Rosenallis Kilcavan	3710							
14	Ben Reid	St. Abbans	3021							
15	Harry Browne	Oughaval	3504							
16	Conor Lawlor	Mountmellick	3425							
17	Tadhg Hughes	Rosenallis Kilcavan	3739							
18	Cian O'Sullivan	St. Abbans	3020							
19	Denis Browne	Oughaval	3505							
20	Tom Caley	Portlaoise	3322							
21	Daniel Murrell	Portlaoise	3325							
22	Harrison Marshall	Portlaoise	3307							
23	Jack Keenan	Ballyfin	3136							
24	Bill Rigney	Portlaoise	3315							
25	T.J. Lawlor	Ballyfin	3138							
26	Fionn Gallagher	St. Abbans	3026							

U9 BOYS 600m CONTINUED

Pos.	ATHLETES NAME	CLUB	NO'S	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
				1	2	3	4			
27	James McGrath	St. Abbans	3027							
28	Jake Murray	Oughaval	3519							
29	Issac Kenny	Portlaoise	3302							
30	Paidi Peake	Rosenallis Kilcavan	3708							
31	Jamie Leamy	Mountmellick	3499							

U11 GIRLS 1000m

Pos.	ATHLETES NAME	CLUB	NO'S	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
				1	2	3	4			
1	Maya Brennan	St. Abbans	3053	■				St. Abbans "A" Maya Brennan 1 Ciara Malone 2 Jessica Murray 5 Katie Delaney 7	15	1st
2	Ciara Malone	St. Abbans	3058		■					
3	Lucy Conroy	Rosenallis Kilcavan	3714							
4	Chelsea Lee	Mountmellick	3412	■				St. Abbans "B" Caoimhe Byrne 8 Katie McGrath 10 Annie Hancock 12 Eabha Kehoe 15	45	2nd
5	Jessica Murray	St. Abbans	3047			■				
6	Caoimhe Cuddy	Portlaoise	3305				■			
7	Katie Delaney	St. Abbans	3052					Mountmellick Chelsea Lee 4 Holly Jago 14 Torrie Lee 16 Ellie Boland 22	56	3rd
8	Caoimhe Byrne	St. Abbans	3220	■						
9	Ella Dunne	Oughaval	3522							
10	Katie McGrath	St. Abbans	3046		■					
11	Freya O'Donoghue	St. Michaels	3822							
12	Annie Hancock	St. Abbans	3055			■				
13	Niamh Peake	Rosenallis Kilcavan	3712							
14	Holly Jago	Mountmellick	3410		■					
15	Eabha Kehoe	St. Abbans	3045				■			
16	Torrie Lee	Mountmellick	3413			■				
17	Emily Hughes	Rosenallis Kilcavan	3715							
18	Aisling Cawley	St. Abbans	3044							
19	Anna Maguire	Oughaval	3513							
20	Aoife Cuddy	Portlaoise	3306							
21	Lauren Rowan	St. Abbans	3036							
22	Ellie Boland	Mountmellick	3417				■			
23	Rebecca Marshall	Rosenallis Kilcavan	3308							
24	Ava Jewell	Rosenallis Kilcavan	3730							
25	Sarah Murrell	Portlaoise	3608							
26	Hannah Conroy	Rosenallis Kilcavan	3702							

U11 GIRLS 1000m CONTINUED

					TEAM SCORES						
Pos.	ATHLETES NAME	CLUB	NO'S	1	2	3	4	WINNING CLUBS	POINTS	PLACE	
27	Holly Byrne	St. Abbans	3049								
28	Allanah Rigney	Portlaoise	3316								
29	Georga Garcia	Portlaoise	3319								
30	Ava Delaney	St. Abbans	3048								
31	Abby Chadwick	St. Michaels	3820								

U11 BOYS 1000m

				TEAM SCORES						
Pos.	ATHLETES NAME	CLUB	NO'S	1	2	3	4	WINNING CLUBS	POINTS	PLACE
1	Aaron Lawlor	Rosenallis Kilcavan	3709					St. Abbans "A" Evan English 2 Harry Gordon 3 Timmy Byrne 5 Cameron Delaney 7	17	1st
2	Evan English	St. Abbans	3064							
3	Harry Gordon	St. Abbans	3062							
4	Shane Mulpeter	St. Michaels	3809							
5	Timmy Byrne	St. Abbans	3056					Rosenallis Kilcavan Aaron Lawlor 1 Niall Lalor 6 Niall Conroy 12 Conor Whelan 26	45	2nd
6	Niall Lalor	Rosenallis Kilcavan	3719							
7	Cameron Delaney	St. Abbans	3057							
8	Jack Milton	St. Abbans	3065							
9	Fionn O'Sullivan	St. Abbans	3061					St. Abbans "B" Jack Milton 8 Fionn O'Sullivan 9 Séan O'Sullivan 13 Scott Delaney 16	46	3rd
10	Séan Kirby	Portlaoise	3311							
11	Ryan Phelan	St. Michaels	3806							
12	Niall Conroy	Rosenallis Kilcavan	3722							
13	Séan O'Sullivan	St. Abbans	3066							
14	Jack Murrell	Portlaoise	3328							
15	Adam Murray	Oughaval	3520							
16	Scott Delaney	St. Abbans	3059							
17	Eamon Browne	Oughaval	3503							
18	Conor McCaul	Oughaval	3524							
19	Oliver Caley	Portlaoise	3607							
20	Eoin Lambe	Portlaoise	3605							
21	Cillian Whearty	Oughaval	3516							
22	Jack Fennell	Portlaoise	3606							
23	Fionn O'Neill	Ballyroan Abbeyleix	3911							
24	Rody McEvoy	Ballyroan Abbeyleix	3912							
25	Ruairi Jago	Oughaval	3525							



Laois County Cross Country Championships Day 2
9th October 2016 Venue: Abbeyleix
Hosted by: Ballyroan Abbeyleix & District AC

U11 BOYS 1000m CONTINUED

				TEAM SCORES						
Pos.	ATHLETES NAME	CLUB	NO'S	1	2	3	4	WINNING CLUBS	POINTS	PLACE
26	Conor Whelan	Rosenallis Kilcavan	3720							
27	Luke Kehoe	St. Abbans	3068							

U13 GIRLS 1600m

Pos.	ATHLETES NAME	CLUB	NO'S	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
				1	2	3	4			
1	Seoighe English	St. Abbans	3069	■				St. Abbans "A" Seoighe English 1 Amy Brennan 3 Meabh Gallagher 6 Audrey Byrne 7	17	1st
2	Faye McEvoy	Ballyroan Abbeyleix	3923							
3	Amy Brennan	St. Abbans	3071		■					
4	Ellen Conroy	Rosenallis Kilcavan	3726	■				Rosenallis Kilcavan Ellen Conroy 4 Amy Hyland 10 Orla Whelan 11 Amy McKane 12	37	2nd
5	Poppy Hackett	St. Michaels	3825							
6	Meabh Gallagher	St. Abbans	3070			■				
7	Audrey Byrne	St. Abbans	3072				■	St. Abbans "B" Aoibheann McDonald 8 Hollie Brennan 16 Zoe Hancock 19 Emma Brennan 22	65	3rd
8	Aoibheann McDonald	St. Abbans	3073	■						
9	Ita Conroy	Mountmellick	3409							
10	Amy Hyland	Rosenallis Kilcavan	3713		■					
11	Orla Whelan	Rosenallis Kilcavan	3724			■				
12	Amy McKane	Rosenallis Kilcavan	3725				■			
13	Kate Connolly	St. Michaels	3823							
14	Grace Meade	Portlaoise	3331							
15	Sarah Coyle	Mountmellick	3428							
16	Hollie Brennan	St. Abbans	3076		■					
17	Niamh Bland	Ballyfin	3106							
18	Caitriona Phelan	Ballyfin	3112							
19	Zoe Hancock	St. Abbans	3074			■				
20	Alice Conroy	Portlaoise	3341							
21	Amber Culleton	Ballyfin	3111							
22	Emma Brennan	St. Abbans	3075				■			
23	Annie O'Hannon	Portlaoise	3326							
24	Abigail Culleton	Ballyfin	3105							
25	Katie Rigney	Portlaoise	3327							

U13 BOYS 1600m

				TEAM SCORES						
Pos.	ATHLETES NAME	CLUB	NO'S	1	2	3	4	WINNING CLUBS	POINTS	PLACE
1	Jack Fenlon	St. Abbans	3079	■				St. Abbans Jack Fenlon 1 Lee Murray 2 Eoin Cawley 3 Adam Buggy 6	12	1st
2	Lee Murray	St. Abbans	3082		■					
3	Eoin Cawley	St. Abbans	3081			■				
4	Jack McMahon	Ballyroan Abbeyleix	3920					Rosenallis Kilcavan Rory Lalor 7 Jimmy Hyland 8 Cathal McEvoy 10 Odhran Dunphy 12	37	2nd
5	Matthew Buggy	Oughaval	3527							
6	Adam Buggy	St. Abbans	3080				■			
7	Rory Lalor	Rosenallis Kilcavan	3718	■						
8	Jimmy Hyland	Rosenallis Kilcavan	3742		■					
9	Conor Whearty	Oughaval	3517							
10	Cathal McEvoy	Rosenallis Kilcavan	3717			■				
11	Garry Costigan	Ballyroan Abbeyleix	3922							
12	Odhran Dunphy	Rosenallis Kilcavan	3743				■			
13	Shane Buggy	St. Abbans	3085							
14	Aaron Foley	Oughaval	3526							
15	Sam O'Laughlin	Ballyfin	3143							
16	Ryan Harrington	St. Abbans	3086							
17	Ruairí Phelan	Ballyfin	3139							
18	Séan Grogan	Ballyroan Abbeyleix	3921							
19	Matthew Adams	Ballyfin	3145							
20	Cian O'Gorman	Portlaoise	3344							

U15 GIRLS 2500m

Pos.	ATHLETES NAME	CLUB	NO'S	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
				1	2	3	4			
1	Sarah Delaney	Ballyroan Abbeyleix	3935	■				Ballyroan Abbeyleix Sarah Delaney 1 Niamh McDonald 2 Jessica Brennan 4 Sinead McEvoy 9	16	1st
2	Niamh McDonald	Ballyroan Abbeyleix	3934		■					
3	Becky Fenlon	St. Abbans	3095	■						
4	Jessica Brennan	Ballyroan Abbeyleix	3933			■				
5	Dearbhail Cuddy	Ballyfin	3115	■				St. Abbans Becky Fenlon 3 Aoife Gallagher 7 Ciara Harrington 8 Sarah Graham 13	31	2nd
6	Grainne Cotter	St. Michaels	3828							
7	Aoife Gallagher	St. Abbans	3096		■					
8	Ciara Harrington	St. Abbans	3098			■		Ballyfin Dearbhail Cuddy 5 Róisín Bland 14 Megan Adams 16 Ciara Phelan 17	52	3rd
9	Sinead McEvoy	Ballyroan Abbeyleix	3936				■			
10	Grainne Lalor	Rosenallis Kilcavan	3723							
11	Síofra Marum	Portlaoise	3609							
12	Jade Cranock	Ballyroan Abbeyleix	3938							
13	Sarah Graham	St. Abbans	3097				■			
14	Róisín Bland	Ballyfin	3114		■					
15	Eadaoin Cody	St. Abbans	3094							
16	Megan Adams	Ballyfin	3119			■				
17	Ciara Phelan	Ballyfin	3116				■			

U15 BOYS 2500m

				TEAM SCORES						
Pos.	ATHLETES NAME	CLUB	NO'S	1	2	3	4	WINNING CLUBS	POINTS	PLACE
1	Ronan Hyland	Rosenallis Kilcavan	3729					Ballyroan Abbeyleix Adam Brody 3 Aaron Brennan 6 Robert Corkish 8 Andrew Kirk 10	27	1st
2	T.J. Burke	St. Abbans	3208							
3	Adam Brody	Ballyroan Abbeyleix	3930							
4	Oisín Jago	Oughaval	3531							
5	Charlie Hackett	St. Michaels	3824							
6	Aaron Brennan	Ballyroan Abbeyleix	3927							
7	Conor Conroy	Rosenallis Kilcavan	3736							
8	Robert Corkish	Ballyroan Abbeyleix	3928							
9	Niall Kirby	Portlaoise	3312							
10	Andrew Kirk	Ballyroan Abbeyleix	3929							

U17 BOYS 4000m

Pos.	ATHLETES NAME	CLUB	NO'S	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
				1	2	3	4			
1	Cian Kelly	St. Abbans	3224	1				St. Abbans Cian Kelly 1 Jack Lacey 6 Tom Buggy 9 Ger Kelly 12	28	1st
2	Cian McDonald	Ballyroan Abbeyleix	3937							
3	Eddie Allen	Emo Rath	3605							
4	Cathal Connaughton	Oughaval	3529							
5	Adam Holden	Mountmellick	3400							
6	Jack Lacey	St. Abbans	3227		1					
7	Séan Sheridan	Oughaval	3528							
8	Colin Grennan	Mountmellick	3404							
9	Tom Buggy	St. Abbans	3205			1				
10	Tiarnan Marum	Portlaoise	3610							
11	Thomas Dunne	Ballyfin	3117							
12	Ger Kelly	St. Abbans	3226				1			
13	Niall Egan	St. Abbans	3228							

INTERMEDIATE LADIES 4K

Pos.	ATHLETES NAME	CLUB	NO'S	TEAM SCORES (Team of 4)				WINNING CLUBS	POINTS	PLACE
				1	2	3	4			
1	Niamh Quinn	Portlaoise	3336					St. Abbans Ellie Doyle 3 Sinead Kelly 4 Joe Ayers 5 Maria Murray 10	22	1st
2	Joanna Carroll	Portlaoise	3337							
3	Ellie Doyle	St. Abbans	3246							
4	Sinead Kelly	St. Abbans	3244							
5	Joe Ayers	St. Abbans	3247					Portlaoise Niamh Quinn 1 Joanna Carroll 2 Elva Culleton 9 Maria Cuddy 11	23	2nd
6	Sandra Fitzpatrick	Ballyroan Abbeyleix	3957							
7	Laura Mahoney	Ballyroan Abbeyleix	3954							
8	Siobhan Burke	Ballyroan Abbeyleix	3956							
9	Elva Culleton	Portlaoise	3346					Ballyroan Abbeyleix Sandra Fitzpatrick 6 Laura Mahoney 7 Siobhan Burke 8 Anntoinette Mills 18	39	3rd
10	Maria Murray	St. Abbans	3252							
11	Maria Cuddy	Portlaoise	3330							
12	Mairead Moore	St. Abbans	3250							
13	Sharon Buggy	St. Abbans	3249							
14	Amanda McDonald	Portlaoise	3342							
15	Norah McGrath	Portlaoise	3347							
16	Donna Devitt	Portlaoise	3345							
17	Deirdre Brennan	St. Abbans	3248							
18	Anntoinette Mills	Ballyroan Abbeyleix	3955							
19	Karen Connolly	Oughaval	3510							
20	Caitriona Marshall	Portlaoise	3348							

INTERMEDIATE MENS 8K

Pos.	ATHLETES NAME	CLUB	NO'S	TEAM SCORES (Team of 5)				WINNING CLUBS	POINTS	PLACE	
				1	2	3	4				
1	Tom Lupton	Portlaoise	3343					Portlaoise Tom Lupton 1 Colm Fitzgerald 3 Patrick Marshall 5 Ritchie Reid 8 Trevor McCormack 10	27	1st	
2	Liam Dunne	Ballyroan Abbeyleix	3962								
3	Colm Fitzgerald	Portlaoise	3317								
4	Colin Coyne	St. Abbans	3259								
5	Patrick Marshall	Portlaoise	3309								
6	Séan Geoghan	St. Abbans	3255					St. Abbans Colin Coyne 4 Séan Geoghan 6 James Nolan 11 James Tyrell 13 Niall English 18	52	2nd	
7	Martin McDonald	Ballyroan Abbeyleix	3963								
8	Ritchie Reid	Portlaoise	3339								
9	Rory Morrissey	Mountmellick	3426								
10	Trevor McCormack	Portlaoise	3338								
11	James Noland	St. Abbans	3254					Ballyroan Abbeyleix Liam Dunne 2 Martin McDonald 7 Tom Dunne 15 John Kirwan 16 Paul Burke 17	57	3rd	
12	Liam Buggy	Ballyfin	3147								
13	James Tyrell	St. Abbans	3260								
14	Ciaran Keenan	Ballyfin	3146								
15	Tom Dunne	Ballyroan Abbeyleix	3961								
16	John Kirwan	Ballyroan Abbeyleix	3965								
17	Paul Burke	Ballyroan Abbeyleix	3964								
18	Niall English	St. Abbans	3258								
19	Noel Burke	Ballyroan Abbeyleix	3966								
20	Liam Byrne	St. Abbans	3261								
21	Andrew Kehoe	Ballyfin	3149								
22	Francis Flemming Jnr.	St. Abbans	3264								
23	Francis Flemming Snr.	St. Abbans	3257								
24	Paul Dunne	Ballyfin	3148								
25	Ronan Lynch	Ballyfin	3144								
26	Kevin Mulpeter	St. Michaels	3818								

U10 GIRLS 800m

Pos.	ATHLETES NAME	CLUB	NO'S	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
				1	2	3	4			
1	Torrie Lee	Mountmellick	3413							
2	Niamh Peake	Rosenallis Kilcavan	3712							
3	Freya O'Donoghue	St. Michaels	3822							
4	Heidi Hackett	St. Michaels	3826							
5	Ruby Phelan	St. Michaels	3812							
6	Ellie Boland	Mountmellick	3417							
7	Kirsten Murphy	St. Michaels	3832							
8	Aoibhin McEvoy	Rosenallis Kilcavan	3701							
9	Mary Kate Corcoran	St. Michaels	3838							
10	Mary Boland	Oughaval	3515							
11	Lilly Conroy	Rosenallis Kilcavan	3738							
12	Aoife McKiltrick	Ballyroan Abbeyleix	3921							
13	Hannah Conroy	Rosenallis Kilcavan	3702							
14	Abby Chadwick	St. Michaels	3820							
15	Lucy Alastal	Portlaoise	3623							
16	Aoife Jago	Mountmellick	3411							
17	Heidi Browne	Oughaval	3514							
18	Ava Kelly	Ballyroan Abbeyleix	3920							

U10 BOYS 800m

				TEAM SCORES						
Pos.	ATHLETES NAME	CLUB	NO'S	1	2	3	4	WINNING CLUBS	POINTS	PLACE
1	Tom Corcoran	St. Michaels	3844							
2	Ciaran Quinn	Ballyfin	3160							
3	Daniel Downey	Portlaoise	3628							
4	Luke Molloy	Rosenallis Kilcavan	3711							
5	Ollie McCauley	Portlaoise	3329							
6	Darragh Hughes	Rosenallis Kilcavan	3744							
7	Daithi Kehoe	St. Michaels	3836							
8	Eamon Browne	Oughaval	3503							
9	Eoghan Lalor	Rosenallis Kilcavan	3707							
10	Eolan McGuire	Oughaval	3535							
11	Cillian Whearty	Oughaval	3532							
12	Laoi Cullen	St. Abbans	3006							
13	Jonathan Fardy	St. Michaels	3827							
14	Tom Delaney	Portlaoise	3632							
15	Eoghan Lambe	Portlaoise	3618							
16	Darragh Brady	Portlaoise	3629							
17	Harry Browne	Oughaval	3504							
18	Jack Fennell	Portlaoise	3626							
19	Tadhg Hughes	Rosenallis Kilcavan	3739							
20	Jack Hyland	Rosenallis Kilcavan	3710							
21	Paidi Peake	Rosenallis Kilcavan	3708							
22	Eoin McGrath	Portlaoise	3622							
23	Harrison Marshall	Portlaoise	3603							
24	David Kelly	Ballyroan Abbeyleix	3925							
25	Tom McCauley	Portlaoise	3631							
26	Daniel Murrell	Portlaoise	3633							

U10 BOYS 800m CONTINUED

					TEAM SCORES						
Pos.	ATHLETES NAME	CLUB	NO'S	1	2	3	4	WINNING CLUBS	POINTS	PLACE	
27	Mark Delaney	Portlaoise	*								
28	David Kelly	Ballyroan Abbeyleix	3924								
29	Jack Downey	Portlaoise	3627								

U12 GIRLS 1200m

Pos.	ATHLETES NAME	CLUB	NO'S	TEAM SCORES						
				1	2	3	4	WINNING CLUBS	POINTS	PLACE
1	Grace Meade	Portlaoise	3331							
2	Kate Connolly	St. Michaels	3823							
3	Sarah Coyle	Mountmellick	3428							
4	Chelsea Lee	Mountmellick	3412							
5	Caoimhe Cuddy	Portlaoise	3625							
6	Niamh Bland	Ballyfin	3106							
7	Holly Jago	Mountmellick	3410							
8	Emma Bergin	Mountmellick	3433							
9	Kara Naughton	Portlaoise	3620							
10	Meabh Conroy	Portlaoise	3635							
11	Alice Conroy	Portlaoise	3636							
12	Tara Ring	Portlaoise	3634							
13	Rebecca Marshall	Portlaoise	3334							
14	Norah Alastal	Portlaoise	3624							
15	Ava Churchouse	Ballyroan Abbeyleix	3928							
16	Ella Conway	St. Abbans	3021							
17	Maeve McGrath	Portlaoise	3621							
18	Róise Culleton	Mountmellick	3432							
19	Holly Byrne	St. Abbans	3024							
20	Sarah Murrell	Portlaoise	3639							

U12 BOYS 1200m

Pos.	ATHLETES NAME	CLUB	NO'S	TEAM SCORES				WINNING CLUBS	POINTS	PLACE
				1	2	3	4			
1	Rory Lalor	Rosenallis Kilcavan	3718							
2	Davin Dunne	Portlaoise	3619							
3	Séan Corcoran	Ballyfin	3193							
4	Jack Milton	St. Abbans	3020							
5	Andy Murphy	St. Michaels	3807							
6	Reese O'Halloran	St. Abbans	3009							
7	Jack Murphy	St. Michaels	3843							
8	Niall Lalor	Rosenallis Kilcavan	3719							
9	Cathal McEvoy	Rosenallis Kilcavan	3717							
10	Darragh Farrell	St. Abbans	3008							
11	Shane Mulpeter	St. Michaels	3837							
12	Ryan Phelan	St. Michaels	3806							
13	Jack Murrell	Portlaoise	3648							
14	Séan Kirby	Portlaoise	3637							
15	Conor Brady	Portlaoise	3630							
16	Sam O'Loughlin	Ballyfin	3151							
17	Rian Cullen	St. Abbans	3011							
18	Cian Haubhan	St. Abbans	3025							
19	Aaron Foley	Oughaval	3534							
20	Luke Gilligan	Portlaoise	3601							
21	Fionn Carey	Ballyfin	3194							

U14 GIRLS 1600m

				TEAM SCORES						
Pos.	ATHLETES NAME	CLUB	NO'S	1	2	3	4	WINNING CLUBS	POINTS	PLACE
1	Grainne Cotter	St. Michaels	3846							
2	Jade Carroll	Ballyroan Abbeyleix	3936							
3	Jade Coogan	St. Michaels	3810							
4	Siofra Marum	Portlaoise	3650							
5	Megan Adams	Ballyfin	3197							
6	Caitriona Phelan	Ballyfin	3112							
7	Róisín Bland	Ballyfin	3114							
8	Zoe Hancock	St. Abbans	3022							
9	Ciara Carey	Ballyfin	3196							
10	Emma Dermody	St. Abbans	3026							
11	Kate Delaney	Portlaoise	3652							

U14 BOYS 1600m

				TEAM SCORES						
Pos.	ATHLETES NAME	CLUB	NO'S	1	2	3	4	WINNING CLUBS	POINTS	PLACE
1	Charlie Hackett	St. Michaels	3825							
2	Matthew Buggy	Oughaval	3536							
3	Jack McMahon	Ballyroan Abbeyleix	3939							
4	Niall Kirby	Portlaoise	3638							
5	Conor Whearty	Oughaval	3533							
6	Gary Costigan	Ballyroan Abbeyleix	3940							
7	Ben Holden	Mountmellick	3430							
8	Odhran Dunphy	Rosenallis Kilcavan	3743							
9	Jamie Conway	St. Abbans	3018							
10	Joshua Murphy	St. Michaels	3899							
11	Jack Delaney	Portlaoise	3651							
12	David Delaney	Portlaoise	3653							

U16 GIRLS 2500m

Pos.	ATHLETES NAME	CLUB	NO'S					TEAM SCORES		
				1	2	3	4	WINNING CLUBS	POINTS	PLACE
1	Sarah McMahan	Ballyroan Abbeyleix	3942							
2	Dearbhail Cuddy	Ballyfin	3159							
3	Sarah Graham	St. Abbans	3029							
4	Ciara Phelan	Ballyfin	3116							
5	Isobel Churchouse	Ballyroan Abbeyleix	3943							

U16 BOYS 2500m

				TEAM SCORES						
Pos.	ATHLETES NAME	CLUB	NO'S	1	2	3	4	WINNING CLUBS	POINTS	PLACE
1	Curtis Lee	Mountmellick	3431							
2	Thomás Dunne	Ballyfin	3117							
3	Liam Butler	St. Michaels	3898							
4	Tiarnan Marum	Portlaoise	3610							

JUNIOR MEN 6000m

				TEAM SCORES						
Pos.	ATHLETES NAME	CLUB	NO'S	1	2	3	4	WINNING CLUBS	POINTS	PLACE
1	Cian Kelly	St. Abbans	3036							
2	Cian McDonald	Ballyroan Abbeyleix	3916							
3	Cathal Grennan	St. Michaels	3840							
4	Adam Holden	Mountmellick	3400							
5	Fionn Marum	Portlaoise	3314							
6	Séan Sheridan	Oughaval	3537							
7	Colin Grennan	Mountmellick	3434							

MASTERS LADIES 3000m (3 TO SCORE)

Pos.	ATHLETES NAME	CLUB	NO'S	CAT.	O/35 TEAM			O/45 TEAM			INDIVIDUAL WINNERS			
					1	2	3	1	2	3	0/35 WINNERS	Club	POS.	
1	Monica Corcoran	St. Michaels	3835	O/35								Monica Corcoran	SM	1
2	Colette English	St. Abbans	3037	O/35	■							Colette English	SA	2
3	Joanne Carroll	Portlaoise	3611	O/35	■							Joanne Carroll	PL	3
4	Jean McEvoy	Ballyroan Abbeyleix	3902	O/35	■							0/45 WINNERS		
5	Margaret Dowling	St. Abbans	3039	O/35		■						Anna Duggan	PL	1
6	Caitriona McDonald	St. Abbans	3042	O/35			■					Mairead Moore	SA	2
7	Jocelyn Ayres	St. Abbans	3052	O/35								Ann Nichol	SA	3
8	Sandra Fitzpatrick	Ballyroan Abbeyleix	3903	O/35		■						OVER/45 TEAMS		
9	Siobhan Burke	Ballyroan Abbeyleix	3900	O/35			■					WINNING CLUBS		
10	Maria Cuddy	Portlaoise	3612	O/35		■						Mairead Moore	SA	1st
11	Sharon Buggy	St. Abbans	3041	O/35								Ann Nichol		
12	Anna Duggan	Portlaoise	3602	O/45			■					Colette Brennan		
13	Catherine O'Flanagan	Portlaoise	3616	O/35								OVER/35 TEAMS		
14	Mairead Moore	St. Abbans	3043	O/45					■			WINNING CLUBS		
15	Amanda McDonald	Portlaoise	3615	O/35								Colette English	SA	1st
16	Deirdre Brennan	St. Abbans	3053	O/35								Margaret Dowling		
17	Niamh Kavanagh	Portlaoise	3617	O/35								Caitriona McDonald		
18	Ann Nichol	St. Abbans	3055	O/45						■		Jean McEvoy	BAD	2nd
19	Antoinette Mills	Ballyroan Abbeyleix	3904	O/35								Sandra Fitzpatrick		
20	Colette Brennan	St. Abbans	3035	O/45							■	Siobhan Burke		
												Joanne Carroll	PL	3rd
												Maria Cuddy		
												Anna Duggan		

MENS MASTERS 6000m (4 TO SCORE)

Pos.	ATHLETES NAME	CLUB	NO'S	CAT.	O/35 TEAM				O/45 TEAM				INDIVIDUAL WINNERS			
					1	2	3	4	1	2	3	4	O/35 WINNERS	Club	POS.	
1	John Fenlon	St. Abbans	3056	O/35	■									John Fenlon	SA	1
2	Stephen Hunter	St. Abbans	3034	O/35		■								Stephen Hunter	SA	2
3	Tony Reilly	Portlaoise	3647	O/45					■					Riobard Miller	BF	3
4	Colm Burke	St. Abbans	3045	O/45					■					O/45 WINNERS		
5	Riobard Miller	Ballyfin	3190	O/35										Tony Reilly	PL	1
6	Aengus Burke	Portlaoise	3640	O/45						■				Colm Burke	SA	2
7	Dermot Ayres	St. Abbans	3046	O/35			■							Aengus Burke	PL	3
8	Mark Hackett	St. Michaels	3834	O/35	■									OVER/45 TEAMS		
9	Colin Coyne	St. Abbans	3048	O/35				■						WINNING CLUBS		
10	Aindriu O'Comhairde	St. Michaels	3846	O/35		■								Tony Reilly		
11	Noel Marum	Portlaoise	3646	O/45							■			Aengus Burke	PL	1st
12	Colm Fitzgerald	Portlaoise	3644	O/35	■									Noel Marum		
13	Martin McDonald	Ballyroan Abbeyleix	3908	O/45										Joe Walsh		
14	Trevor McCormack	Portlaoise	3641	O/35		■								Colm Burke		
15	Owen Connolly	St. Michaels	3842	O/35			■							Liam Byrne	SA	2nd
16	Dean Coss	St. Michaels	3897	O/35				■						Francis Flemming Snr		
17	Richie Reid	Portlaoise	3642	O/35			■							Matt Moore		
18	Patrick Marshall	Portlaoise	3643	O/35				■								
19	Liam Byrne	St. Abbans	3016	O/45						■						
20	Conor Barry	St. Abbans	3047	O/35												
21	Paul Burke	Ballyroan Abbeyleix	3911	O/35												
22	Ciaran Keenan	Ballyfin	3152	O/45												
23	Tony Cox	Ballyfin	3199	O/35												

MENS MASTERS 6000m (4 TO SCORE) CONTINUED

Pos.	ATHLETES NAME	CLUB	NO'S	CAT.	O/35 TEAM				O/45 TEAM				TEAM SCORES				
					1	2	3	4	1	2	3	4	OVER/35 TEAMS				
												WINNING CLUBS	Club	POS.			
24	Niall English	St. Abbans	3044	O/35											SA	1st	
25	Francis Flemming Jnr	St. Abbans	3030	O/35										John Fenlon			
26	Francis Flemming Snr	St. Abbans	3033	O/45										Stephen Hunter			
27	Seamus Miller	Ballyroan Abbeyleix	3909	O/35										Dermot Ayres			
28	Kevin Mulpeter	St. Michaels	3845	O/45										Colin Coyne			
29	Ronan Lynch	Ballyfin	3154	O/35										Mark Hackett	SM	2nd	
30	Shaun Maher	Ballyroan Abbeyleix	3910	O/35										Aindriu O'Comhairde			
31	John Corcoran	St. Michaels	3831	O/45										Owen Connolly			
32	Matt Moore	St. Abbans	3057	O/45										Dean Coss			
33	Joe Walsh	Portlaoise	3645	O/45										Colm Fitzgerald	PL	3rd	
34	Tim Churchouse	Ballyroan Abbeyleix	3912	O/35										Trevor McCormack			
35	Paddy Harding	St. Abbans	3049	O/45										Richie Reid			
36	Dinny Whelan	St. Abbans	3058	O/45										Patrick Marshall			

RELAY CROSS COUNTRY TEAM RESULTS

GIRLS 4 x 250m				BOYS 4 x 250m					
Age	Pos.	CLUB		Age	Pos.	CLUB			
U/9	1	St. Abbans	Cara English Ciara Milton	Emma Malone Caoimhe Brennan	U/9	1	Rosenallis Kilcavan	Daithi Peake Eoghan Lalor	Paidi Peake Jack Hyland
	2	Ballyfin	Aoibheann O'Rourke Róisín Brennan	Laura McEvoy Jessica Downey		2	Oughaval	Leon Delaney Tadhg Roberts	Harry Browne Denis Browne
	3	Oughaval	Charlotte Fee Rebecca Luttrell	Heidi Browne Lucy Browne		3	Portlaoise	Fionn Cuddy Harrison Marshall	Darragh Brady Tom Cawley
GIRLS 4 x 500m				BOYS 4 x 500m					
Age	Pos.	CLUB		Age	Pos.	CLUB			
U/11	1	St. Abbans	Ciara Malone Ava Kehoe	Katie McGrath Katie Brennan	U/11	1	St. Abbans	Jack Milton Evan English	Ben Reid Timmy Byrne
	2	Mountmellick	Chelsea Lee Holly Jago	Ellie Boland Torrie Lee		2	Rosenallis Kilcavan	Darragh Hughes Conor Whelan	Niall Lalor Aron Lawlor
	3	St. Michaels	Eleanor Fardy Patience Chinda	Naomi Ikpotokin Holly McAuliffe		3	Oughaval	Cillian Whearty Conor McCaul	Cormac Deegan Eamon Browne
GIRLS 4 x 500m				BOYS 4 x 500m					
Age	Pos.	CLUB		4	Pos.	CLUB			
U/13	1	Rosenallis Kilcavan	Orla Whelan Amy McKane	Amy Hyland Ellen Conroy	U/13	1	St. Abbans	Adam Buggy Jack Fenlon	Liam Murray Eoin Cawley
	2	St. Abbans	Amy Brennan Maeve Gallagher	Aoibheann McDonald Audrey Byrne		2	Rosenallis Kilcavan	Jimmy Hyland Cathal McEvoy	Odhran Dunphy Rory Lalor
	3	St. Michaels	Poppy Hackett Kate Connolly	Jade Coogan Abbey Whitelegg		3	Oughaval	Matthew Buggy Luke Buggy	Conor Whearty Aaron Foley

RELAY CROSS COUNTRY TEAM RESULTS

GIRLS 4 x 500m					BOYS 4 x 500m				
Age	Pos.	CLUB			Age	Pos.	CLUB		
U/15	1	St. Abbans	Ciara Harrington Sarah Graham	Becky Fenlon Aoife Gallagher	U/15	1	Oughaval	Oisín Jago Noah Delaney	Conor Whearty Matthew Buggy
	2	St. Michaels	Helen Ikpotokin Jade Coogan	Abbey Whitelegg Grainne Cotter		2	Rosenallis Kilcavan	Jimmy Hyland Grainne Lalor	Ronan Hyland Ellen Conroy
	3	Ballyfin	Róisín Bland Katie Corcoran	Ciara Phelan Megan Adams		3			
GIRLS 4 x 500m					BOYS 4 x 500m				
Age	Pos.	CLUB			Age	Pos.	CLUB		
U/17 U/19	1	St. Abbans	Maeve Maher Laura Graham	Cara Maher Ruby Millet	U/17 U/19	1	Mountmellick	Adam Holden Carl Deans	Curtis Lee Niall Bracken
	2					2	St. Abbans	Jamie Pender Kaelan Mulhall	David Baldwin Tom Buggy
	3					3	Oughaval	Fergal Scully Séan Sheridan	Conor Donlon Cathal Connaughton

SENIOR LADIES 5K

Pos.	ATHLETES NAME	CLUB	NO'S	TIMES	TEAM SCORES (Team of 4)					WINNING CLUBS	POINTS	PLACE
					1	2	3	4				
1	Mary Mulhare	Portlaoise	3375	17.57	Yellow					Portlaoise Mary Mulhare Paula Grant Louise Stack Maria Cuddy	28	1st
2	Mary Ann O'Sullivan	St. Abbans	3068	18.06	Orange							
3	Avril Deegan	Ballyroan Abbeyleix	3907	18.17	Grey							
4	Paula Grant	Portlaoise	3315	18.29		Yellow						
5	Louise Stack	Portlaoise	3325	19.01			Yellow					
6	Louise Mahony	Ballyroan Abbeyleix	3901	19.55		Grey				Ballyroan Abbeyleix Avril Deegan Louise Mahony Jean McEvoy Kate McDonald	29	2nd
7	Colette English	St. Abbans	3061	20.01		Orange						
8	Pippa Hackett	St. Michaels	3839	20.09			Grey					
9	Jean McEvoy	Ballyroan Abbeyleix	3902	20.16			Orange					
10	Sinéad Kelly	St. Abbans	3065	20.36				Grey				
11	Kate McDonald	Ballyroan Abbeyleix	3905	20.40				Orange		St. Abbans Mary Ann O'Sullivan Colette English Sinéad Kelly Caitriona McDonald	31	3rd
12	Caitriona McDonald	St. Abbans	3062	21.00								
13	Siobhan Burke	Ballyroan Abbeyleix	3900	21.09								
14	Claire Phelan	St. Abbans	3063	21.24								
15	Breda McDonald	Ballyroan Abbeyleix	3906	21.29								
16	Jo Ayres	St. Abbans	3064	21.43								
17	Sharon Buggy	St. Abbans	3066	22.17								
18	Maria Cuddy	Portlaoise	3377	22.17				Yellow				
19	Kate Birmingham	St. Abbans	3067	23.00								

SENIOR MENS 10K

					TEAM SCORES (Team of 6)								
Pos.	ATHLETES NAME	CLUB	NO'S	TIMES	1	2	3	4	5	6	WINNING CLUBS	POINTS	PLACE
1	Colin Maher	Ballyfin	3169	30.54							St. Abbans Stephen Lawlor Cormac Kelly Stephen Hunter John Fenlon Danny Lawlor Colm Burke	28	1st
2	Stephen Lawlor	St. Abbans	3071	31.30	■								
3	Cormac Kelly	St. Abbans	3060	32.17		■							
4	Stephen Hunter	St. Abbans	3059	32.27			■						
5	John Fenlon	St. Abbans	3039	32.43				■					
6	Danny Lawlor	St. Abbans	3004	33.03					■				
7	Tony Reilly	Portlaoise	3376	33.07	■								
8	Colm Burke	St. Abbans	3002	33.16						■			
9	Brian Kelly	St. Abbans	3043	33.26	■						Portlaoise Tony Reilly Aengus Burke James Hamm Cyril Cuddy Patrick Marshall Richie Reid	95	2nd
10	Riobaird Miller	Ballyfin	3170	33.29									
11	Séan Proctor Geoghegan	St. Abbans	3072	34.00		■							
12	Aengus Burke	Portlaoise	3374	34.08		■							
13	Colin Coyne	St. Abbans	3041	34.18			■						
14	James Hamm	Portlaoise	3307	34.27			■						
15	Mark Hackett	St. Michaels	3841	34.44							St. Abbans Brian Kelly Séan Proctor Geoghegan Colin Coyne Conor Barry Liam Byrne James Nolan	104	3rd
16	Ciaran Fitzpatrick	Ballyfin	3171	34.54									
17	Martin McDonald	Ballyroan Abbeyleix	3908	35.18									
18	Cyril Cuddy	Portlaoise	3372	35.33				■					
19	Tom Dunne	Ballyroan Abbeyleix	3914	35.48									
20	Liam Buggy	Ballyfin	3173	35.54									
21	Patrick Marshall	Portlaoise	3378	36.18					■				
22	Conor Barry	St. Abbans	3003	36.30				■					
23	Richie Reid	Portlaoise	3373	36.32						■			
24	Liam Byrne	St. Abbans	3042	36.33					■				
25	James Nolan	St. Abbans	3029	36.34						■			
26	David Lawlor	St. Abbans	3007	36.37									

SENIOR MENS 10K

					TEAM SCORES (Team of 6)								
Pos.	ATHLETES NAME	CLUB	NO'S	TIMES	1	2	3	4	5	6	WINNING CLUBS	POINTS	PLACE
27	Paul Burke	Ballyroan Abbeyleix	3911	36.43									
28	Cathal Grennan	St. Michaels	3847	37.04									
29	Noel Burke	Ballyroan Abbeyleix	3912	37.16									
30	Niall English	St. Abbans	3052	37.21									
31	Tony Cox	Ballyfin	3174	37.39									
32	James Griffin	St. Abbans	3038	37.43									
33	John Kirwan	Ballyroan Abbeyleix	3913	38.04									
34	Paul Cuddy	Portlaoise	3379	38.05									
35	Diarmuid Murphy	Ballyfin	3175	38.40									
36	Andrew Kehoe	Ballyfin	3172	39.54									
37	Ronan Lynch	Ballyfin	3176	40.02									
38	Paul Dunne	Ballyfin	3177	41.37									
39	Séan Maher	Ballyroan Abbeyleix	3910	42.19									